

Lambda

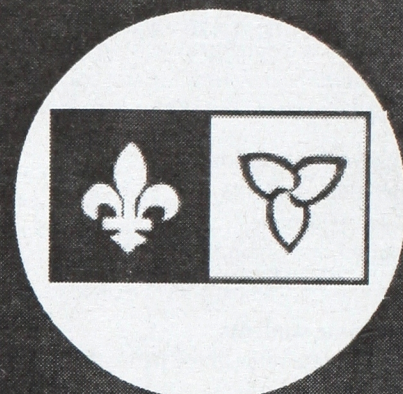
Laurentian University's Bilingual Student Newspaper
Le journal étudiant bilingue de l'Université Laurentienne
Volume 38 - Issue 10 / Numéro 10

"No Mister Bond.
I Want You To Die!"
-Goldfinger

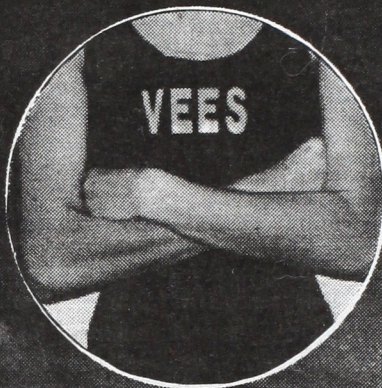
lambdapub@hotmail.com



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BOND,
JAMES BOND
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FLASHBACK
1977

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Shooting Holes Through Tradition Since 1961

You Don't Have to Put Up With It

As promised last week, here is a list of the resources available on campus for students who are suffering from harassment (racial, sexual, etc.). Please note that many don't offer counselling and they aren't qualified to do so; they're there to listen to you and point you in the right direction (such as providing referrals to other associations or agencies) to solve the problem. Counselling is listed only when there is someone available and qualified for it. Besides that, the phone numbers listed aren't crisis hotlines; you will probably have to make an appointment.

Harassment Officer

Bettina Brockerhoff-Macdonald, ext. 3422
Office L826

Office hours:

Mon: 12:30 - 3:00
Tues: 9:30 - 11:00; 12:30 - 3:00
Wed: 12:30 - 4:30
Thu: 9:30 - 11:00; 12:30 - 4:30
Fri: 9:30 - 11:00; 12:30 - 4:30

Security:

Larry Dénommé, ext.4882

Student Associations:

Part-time students

ALPS: 673-6503
Counsellors: Sonia B.- Inkster
Mary Dunn

Graduate students

GSA: please refer to the listing for the Harassment Officer

Full-time students:

SGA: Todd Bozak, ext.1083
AEF: Renée Dutrisac, ext.2408

Native Students

NSA: Shelly Moore, counsellor, ext.1048

Other services:

Women's Centre, ext.1089

Coordinators: Chantal and Kim
Coordinators and volunteers sign confidentiality contracts; everything you have to say will be kept between you and the person you talk to. We also provide referrals to off-campus services.

Counselling and Resource Centre

Dr. Sidney Bergensen, ext.1042
Dr. Paddy Blenkinsop, ext.1030
Christine McInnes, ext.3205
voice mail: ext. 7800

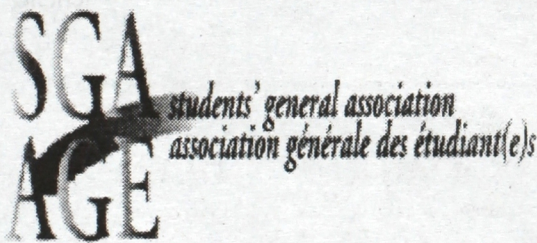
Students with special needs:

See the listing for the Harassment Officer

Health Services:

Secretary: ext. 1067
Lynn Rivet, nurse: ext. 1055

Personnel is not responsible for Equity in Education and Employment. To the best of their knowledge, there is no longer anyone in charge of this portfolio.



Nominations for the SGA Board by election

will be open from

Thurs., Nov. 11/99 at 9am to
Wed., Nov. 24/99 at 4pm.

The following positions are available:

Women's Commissioner

Students with Special Needs Commissioner

Nomination sheets and more information
can be obtained at the SGA office in the
Student Centre, room SCE 212

Laurentian Remembers...

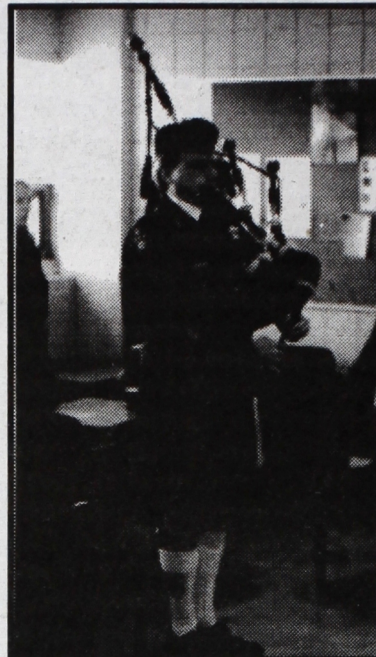
by Ryan Gibbs
News Editor

In commemoration of the veterans who risked their lives for the preservation of world peace, Laurentian University held a brief service on November 11 at 11:00. It's location in the Student's Centre trapped many students on their way to class.

After the attendants sang the national anthem in unison, two soldiers, Jim Savage and Heather Burke, were on hand to represent the armed forces. Savage asked that recognition be given to the present soldiers who are preserving peace. Burke asked that respects be paid to a veteran who recently passed away.

Dr. Jean Watters, University President, called attention to the significance of this Remembrance Day, the last of the millennium. Student President, Jamie Wylie encouraged everyone to remember the veterans' sacrifice, despite an acknowledged difficulty students have in appreciating the enormity of war.

Various cultural groups were also represented at the event. Dobi Frenette of the Native Students Asso-



Laurentian University pays their respects to the veterans involved in Remembrance Day

ciation acknowledged the contribution of native soldiers in the wars. Renée Dutrisac conveyed a feeling of appreciation for the veterans in French. Towards the end, students of different cultures were invited to say a few words in their own language.

But it was the body language of the attendants that conveyed the

most effective commemoration. Everyone stood at attention during the national anthem and the moment of silence. The chilling performance of Amazing Grace on the bagpipes, at the end, caused a number of people to shed tears. As attendants left the area, one person commented, "It was nice to see so many students."

Chinese Officials Visit Laurentian

by Ryan Gibbs
News Editor

From Monday, November 8 to Sunday, November 21, Laurentian University hosts a group of eleven Chinese delegates as part of the Canadian International Development Agency (CIDA) "Distance Education for Western China" (DEWC) Program.

The Program's objective is the amelioration of educational opportunities for people in remote areas of Western China, especially minorities. With \$3.4 million in funding from CIDA, the program is also supported by Cambrian College, Contract North, and the Open Learning Agency of British Columbia.

The Chinese visitors will become familiar with Laurentian's distance education network, which reaches out to First Nations communities. The Chinese delegates and representatives of Laurentian International hope to reach an agreement on the access for minority education, particularly in management and technology.



Director of Distance Education, Wendy Gerhard, explained that accessibility to education in China is limited. Only those who pass entrance exams and who can afford the courses attain the privilege of a uni-

versity degree. The purpose of the Chinese visit is to familiarize delegates with the methods Laurentian has developed for making education more accessible.

Delegates will also be exposed to the teaching techniques at Laurentian that are very different than those used in China. In China, Gerhard explained, instructors lecture without any indication of whether the students understand. At Laurentian interaction between students and instructors is encouraged.

The willingness of the visit shows China's commitment to change its practices. Seven of the eleven delegates are from minority groups in China; several representatives are in a position to make direct changes.

Meanwhile, selections are being made at Laurentian for a student exchange to China in May. The annual exchange further promotes good relations and better understanding between the two countries.



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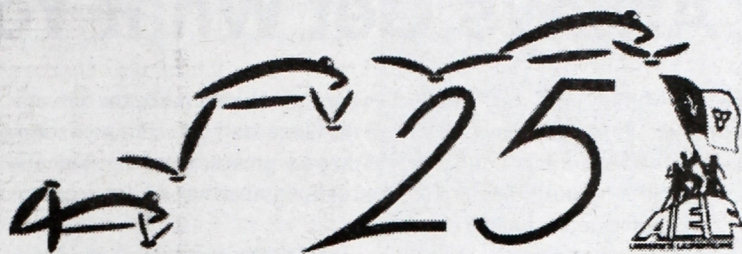
450 Second Ave., N.
Sudbury Ontario
P3B 4A4
Tel. (705) 524-3900
Fax. (705) 524-3999

Francophone Student's Association to Celebrate its 25th Anniversary

On November 19, Laurentian University's Association des étudiants et étudiantes francophones (AEF) celebrates its 25th anniversary at the Four Points Hotel. Tickets cost \$25 per person. Cocktails are served at 5 pm and the dinner at 6 pm.

The Francophone Student's Association was created in 1974 when Laurentian University's French-language students launched a campaign to obtain greater autonomy. Their principal objective was to ensure a better representation to Francophone students who were represented by the Students General Association (SGA), a bilingual association.

The process was launched on March 6, 1974 during the University symposium that focused on Laurentian's Francophone section of the SGA by an independent Francophone association.



On October 21, 1974 a referendum was held to gauge the opinion of Francophone students. Of the 74% of students who voted, 60% voted favourably to the following question: "Do you want an independent Francophone student association?"

As explained by Renée Dutrisac, AEF President, "Through their strong attachment of our past members to their Francophone culture, the present generation of Francophone students can now rely

on an association to defend their rights on campus."

To underline its 25 years of success, the AEF held earlier this fall a wine-and-cheese evening, which was followed by a musical event, the "Franco-pub" held on October 15, 1999, in the Grand Night Club. In an effort to mark this anniversary, the AEF reorganized its archives and is working on the production of a historical volume that should be published within the next year.

Government's "Passport to Prosperity"

Queen's Park

The Provincial government has launched a new campaign to encourage employers to hire high school students and provide them with workplace experience, announced Janet Ecker, Minister of Education and Dianne Cunningham, Minister of Training, Colleges and Universities. The "Passport to Prosperity" initiative will help school boards to offer all interested high school students the opportunity to learn through hands-on training, a requirement of the new secondary school program.

"Work experience, such as co-operative education, provide high school students with the opportunity to develop skills that better prepare them to make the transition to work, training, apprenticeship, college and university," said Ecker.

"This initiative gives students first-hand exposure to the jobs,

growth, and prosperity in our province," said Cunningham. "Enhancing the education of these young people through different learning opportunities is a key goal of this program."

The Passport to Prosperity campaign is an employer-to-employer recruitment effort to provide opportunities for students to explore careers, and develop workplace skills and experience. Designed by the Provincial Partnership Council, the initiative is based on an outreach campaign including one-on-one contacts, information materials, special events and media stories.

"Passport to Prosperity is an excellent opportunity for business, the community, and educators to work together to help young people develop the knowledge and skills that will help them make informed deci-

sions about their futures and the training and education required to achieve their goals," said Catherine Swift, Chairwoman, Chief Executive Officer and President of the Canadian Federation of Independent Business and a member of the Provincial Partnership Council.

Implementation of the campaign will be supported by the Ontario Learning Partnership Group, a network of business-education councils which build partnerships between employers and schools to benefit students.

The announcement took place at the Sheraton Parkway Toronto North where eighteen high school students are learning a wide range of careers including accounting, health club administration, kitchen and banquet services, maintenance, customer service and hotel housekeeping.

Drug Use Among Ontario Students on the Rise...

by Ryan Gibbs
News Editor

The Centre for Addiction and Mental Health's Ontario Student Drug Use Survey (OSDUS) reports a rise in the use of drugs, alcohol, and tobacco, among Ontario students. Surveys administered by the Institute for Social Research at York University, were given to students in grades seven to thirteen.

Dr. Edward Adlaf, lead scientist for the OSDUS stated, "The 1999 survey results confirm the continuing upswing in drug use among Ontario youth that we have been seeing since 1993." He explained, "During the 80s we witnessed large declines in student drug use. However, since 1993, use of drugs has been moving upward, to the point where current rates do not differ appreciably from the late 70s."

The study found that in 1999,

11% of students reported hazardous drinking and 40% of these respondents also reported impaired mental health. As well, 6.5% of students claimed they were unable to stop drug use, compared to 2.9% in 1997.

The study also reported significant increases in drug use of alcohol, cannabis, and barbiturates, since 1997. Since 1993, the study stated that the percentage of students who drink alcohol rose from 65.7% to 56.5%. Meanwhile, the number of students who use no drugs has dropped from 36.3% to 26.8%. Another finding of the study was the fact that students from Northern Ontario reported the highest rates of alcohol in the country at 77.6%.

Researchers attributed the increase in drug use to a decline in the perception of risk and harm in drugs and a weakening moral disapproval

of drugs. As well, the conceived availability of drugs was considered a factor.

The OSDUS provides information for Ontario youth programming in drugs and alcohol awareness. For example, the Centre has launched the "Virtual Party" on its website to encourage responsibility. The site simulates a party where youth have to make decisions about alcohol, drinking and driving, dating, and drug use.

Established in 1998, the Centre for Addiction and Mental Health merged the Addiction Research Foundation, the Clarke Institute of Psychiatry, the Donwood Institute and the Queen Street Mental Health Centre. The Centre is a teaching hospital affiliated with the University of Toronto.

News Briefs

1999 Graeme Dick Memorial Lecture with Paul Hellyer

Huntington University presents The 1999 Graeme Dick Memorial Lecture with Paul Hellyer on Friday, November 19 at 7:00 pm. The lecture will take place at Huntington University Lautenslager Hall, with free admission.

Paul Hellyer was Canada's youngest Member of Parliament when he was first elected in 1949, and the youngest cabinet minister appointed to Louis St. Laurent's government eight years later. After a stint in opposition, he subsequently held senior posts in the governments of Lester B. Pearson and Pierre Trudeau, who defeated him for the Liberal Party leadership in 1968. The following year, after receiving the rank of senior minister, which was later designated Deputy Prime Minister, Mr. Hellyer resigned from the Trudeau cabinet on a question of principle related to housing.

Although Paul Hellyer is best known for the unification of the Canadian Armed Forces and for his heading the 1968 Task Force on Housing and Urban Development, he has maintained a life-long interest in macroeconomics. This led him to form Action Canada, a populist movement dedicated to the concepts of full employment and zero inflation with an emphasis on quality of life issues.

Through the years, as a journalist and political commentator, he has fought for economic reforms and has written several books on the subject. Influenced by projections that unemployment will remain in the 9% range until the end of the millennium, he joined a coalition of deeply concerned Canadians to launch the Canadian Action Party to contest the next federal election.

A man of many interests, Hellyer's ideas are not abstractions. He was born and raised on a farm, and his business experience includes manufacturing, retailing, construction, land development, tourism, and publishing. He has also been active in community affairs, including the arts, and studied voice at the Royal Conservatory of Music in Toronto.

Focus your future in healthcare with RADIATION SCIENCES

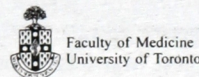
The Faculty of Medicine, University of Toronto is now offering a new joint degree/diploma program in radiation sciences, in partnership with The Michener Institute for Applied Health Sciences, with the following specialties:

- Nuclear Medicine Technology
- Radiological Technology
- Radiation Therapy

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7:00pm-9:00pm
Northeastern Ontario Regional Cancer Centre
41 Ramsey Lake Road
(705)-522-6237

For further information, contact: The Radiation Sciences Office, 222 St. Patrick St., Toronto
Tel (416) 596-3177 Email: radscinfo@michener.on.ca



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Circulation

Lambda circulates 3,300 copies throughout the city of Sudbury and the Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments:

William's Coffee Pub, The Black Cat & Black Cat Too, The Towne House, East Side Marios, This Ain't The Only Café, Ralph's, Subway (Lasalle), Douglas Video & Variety, Poetz Pantry, Peddler's Pub, Gilmour's, The Elm Tree, Lil' Habana's & The Cooke House.

Write to us but remember...

All submissions become the property of Lambda Publications and will thus be subject to editing. Letters submitted must bear the author's full name and telephone number. Names will be withheld upon request. Letters must not be longer than 250 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexual or for length.

Lambda is the weekly student newspaper of, by and for the students of Laurentian University. Lambda is funded through a direct student levy by the members of the Student's General Association, yet remains autonomous from all University organizations, both student and administrative.

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Editor's Corner...

You Can't Always Get What You Want!

by Mat Thompson
Editor-In-Chief

Sure, it's a Rolling Stones classic, but it also seems to be the motto around this school. No matter how hard you try to get something, there is someone stopping you. Either that or you have to jump through hoops and pull off some pretty amazing Stupid Human Tricks just to get them to notice.

Probably the best example of 'you can't always get...' has to be the ever so luxurious Great Hall. Now I don't know what time it opens at since I like to sleep until at least 3pm, but I swear every time I have gone down there to get my dinner there is always some sort of problem. I understand that there are a lot of students who want to get their food from the Great Hall, but how come there is always only two people working at a time, and one of them is usually standing there like they forgot to turn their brains on? I can't be the only one who has noticed this, but it takes forever to get the simplest thing, and the one worker only serves one or two people at a time, leaving a line up

of people waiting until they finally leave. There have been days that I have gone without dinner until after my night class because they are so slow and unprepared to handle more than two students at a time.

The funny thing about this is that Mariott was here for the last few weeks getting people to fill out surveys about their food and even taste testing some new dishes, but there was no mention about the service! We have all gotten used to the food, but it is the service that is making us mad!

Another thing that I find funny is that the Great Hall closes at 7pm, but you can't get most things after 6:30pm. I went to get some food the other day at 6:15 and was told that certain things were not available because they had started cleaning up and had turned off the grill. Being the bastard that I am, I made them make me my food anyway since that is their job. Other staff members here at Lambda have had the same treatment. One person was told that they could not have anything but fries because everything was already turned off. I

swear they should make the servers in the Great Hall into administration as they are great at screwing students out of things that they are supposed to get.

Another example of 'you can't always get what you want' has to do with the computers around this school. When LU upgraded to new computers, they put all the 486's into storage and offered them to any offices on campus. Many people took up the offer and got themselves a few computers. Now I started asking for one or two of these computers last April and have called every person in the school to try and get them for Lambda. It is now November and we still haven't even seen the smallest mouse! Now I know that there are still computers out there that are not being used because I was told by an SGA member that we could still get them. The SGA even tried to get us a couple of these computers with no luck. So what the hell is up? Lambda is running a weekly newspaper off two old Macintosh Computers. People are amazed by what we can pull off with only two computers. We

used to have six, but some of our so-called classic Macs died this year so we are running on basically nothing. Sure many of you are thinking, what is Lambda doing with all their money? Well, we haven't seen a single penny from the school yet this year, and with those student levies and advertising we usually end up with about enough money each year left over to buy about three gummie bears!

I don't understand when a university that is supposedly 'pro-student' pulls stunts like this. I guess the new motto around here should be 'every man for himself' as it seems that no one wants to do their job or help out another group on campus. I know that feeding students and a student newspaper aren't top priority for administration right now, but hey, just wait and see what a hungry student can do with that little newspaper and you will be in for a surprise. Like the song says, "you can't always get what you want, but if you complain sometimes, you just might get what you need!"

SPACE FOR RANT... Letters to the Editor

Dear Editor:

I've been reading Lambda these past weeks, appalled by the violence erupting in Room for Rant. Everybody offended gets offensive, there's a chain of offence that just gets bigger every week.

The whole thing started with Tonto. Tonto wants to take on the world using controversy over reason to raise awareness. This leads readers like Tyler Dellow to get offended. He writes a letter to the Editor calling Tonto a biased liar & "borderline racist". Not only does Dellow attack Tonto he attacks the Editor for allowing Tonto to print his column.

Now Mat defends his paper. He tells Dellow that Tonto's letter is not offensive then patronizes Dellow, painstakingly showing how his levy doesn't pay to support Tonto. Mat's position might be understandable under the circumstances, since he's defending the paper. A Devil's Advocate then accuses Mat of being bias against Dellow. Mat challenged Dellow's story but not Tonto's. He still hasn't addressed Dellow's offense. Mat stubbornly says that he'll decide what's offensive, and if anyone doesn't like that that's too bad.

But what is offensive? Mat would have us believe it's something he decides. But it's not that simple. Offence is an emotional response to something, and some people are more sensitive than others. So what's offensive is subjective, and it can't be determined by one person alone, except in extreme cases.

I suggest Mat lets the other parties fight among themselves. I know this will be hard for a wrestling fanatic, but the Editor is a referee not a teammate. A simple disclaimer should do the trick "Opinion expressed in this section does not reflect the staff at Lambda and any responses should be directed to the individual writer".

This situation should not be left unresolved. Readers should be given a chance to express what they consider offensive, even if Mat doesn't agree. A student's paper shouldn't ignore student's grievances.

From Bette Davis

Editors Response:

First thing first. After your recommendation, the Lambda staff has decided that a disclaimer would be best on the opinion pages. Beyond that, it is amazing how one person can twist and turn a few lines of what I said into a screwed up, misinformed letter. Where do you get off challenging Lambda policy, putting words into my mouth and challenging me? Do you even know how Lambda works? From your letter, I would guess not.

First thing first, I never said that I decide what is and isn't offensive. On an opinion page there is bound to be things that are offensive to some and not to others. I don't know who you are, but I have never spoke the words that I'll "decide what's offensive, and if anyone doesn't like that that's too bad." Did you even read my response to the letter in question or have you just decided to make up your own facts as you claim Tonto does? What is offensive to me is someone who, claiming they know what is best for Lambda, uses misinformation in their quest to better the paper.

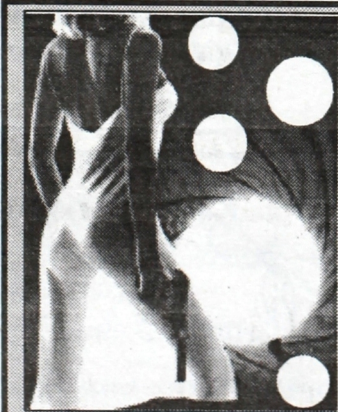
I know I may sound a little pissed off, but I did watch Wrestling last night, and according to you, that impairs my ability to think as well as you do. Wrestling has nothing to do with the way I run this paper. That would be like saying that Jamie Wylie has problems running the SGA because he is also a wrestling fan. Usually I edit out slanderous attacks like this one, but since it is so outrageous I thought I would leave it in to show the readers how much you are grasping at nothing.

You claim that I challenged Tyler and not Tonto, but if you read my response I said that "I talked to Tonto and he assured me that he printed what he knew," meaning he used the information he had as best as he can. Did your copy of Lambda have a different response by a different Mat Thompson. I may be studdorn, but I know what I printed!

You seem to be upset that I defend my paper. Why wouldn't I? Everyone keeps claiming that Tonto is "border-line racist" and totally offensive. Do you not understand the point of an opinion. Not everyone will agree and many people will find them offensive. There is no where in Lambda policy that we cannot print offensive material. We cannot print racist material, and like I stated before (and you so easily forgot) "borderline racist is not racist and if Tonto was to cross that line, I am the first to edit him." Maybe that is where you made up all this Mat chooses what is offensive crap, I don't go through the paper to take out what is offensive, I edit, as our masthead states, "for content considered sexist, racist, homophobic, heterosexual or for length." Over three quarters of our paper would be removed if we were to edit for offensive material.

You did a damn good job of writing one of the most offensive letters anyone has ever sent to Lambda for publishing. If I were to choose what was and wasn't offensive for print, this letter would have never seen the light of day. Just like Tonto, Tyler and others, I let you have your opinion in the pages of Lambda. Just like you don't agree with what I wrote (and didn't write), I don't agree with your misinformed way of attacking Lambda and myself. You had your say, and now I've had mine.

Mat Thompson
Wrestling Fanatic and Editor-In-Chief



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Mat Thompson

Lambda

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Fri. at 1:00 pm

Get In The Ring

or 'The Daredevil & Punisher Drinking with the X-Men'

by Bryson McCarthy
Columnist

So where is McCarthy Street this week? Well, for those of you who have been here as long as I have, you will remember my original column, Get in the Ring. I didn't want to have to revert back to such a harsh column, but after I saw the opinion piece from the so-called 'Avenger of the Citizen Student' last week, the only place for a battle like this is 'In The Ring'.

So Mr. Avenger, you think that the biggest problem on campus today is alcoholism. Is it alcoholism that is keeping students out of university? Is it alcoholism that is raising tuition every year and causing that crazy Todd Bosak to try and shut down the school on an annual basis? No. Your major problem is alcohol while the rest of us have no problem with it! And from the sound of your letter you need a couple of shots of JD to calm you down a little.

You claim it is disturbing that no faculty members responded. Well, most of them were probably in the Pub kicking back with yours truly and a nice cold one. As for academic performance, most students who come to Laurentian learned way back in high school how to cope with a hangover and morning class. If you can't go to an afternoon class drunk by this stage in your life then you are missing out (and probably not in rez!).

You seemed to have a huge bug up your ass over Spirits Day last week. If you had such a problem with it, why did you go? Oh no, the evil fire water has crept onto the LU campus again, but I just can't stay away! Just because you don't like something doesn't mean it should be abolished from campus. I don't like you but you don't hear me pissing and moaning about getting rid of you! As for BACCHUS being a corporate sell out, well, they probably paid to be here. They paid for advertising (in-

cluding in Lambda), and brought a good chunk of money to Laurentian. Oh no, more money towards a faltering school. God forbid!

If you had actually paid attention during Spirits Day (and maybe had a few drinks) you would have noticed that the booths were promoting responsible drinking as they taught how to mix drinks properly, how to pace yourself and how to make some killer chili. You claim that "a person gets drunk because they weren't careful" is complete bullshit! I plan exactly what I am going to drink and at what time so that I can be exactly how drunk I want to be at an exact time. People don't drink in excess by accident, they do it on purpose, and I am betting it is people like you who drive them to drink! And you claim that "a drunk student can be an embarrassing and bothersome distraction", if that is your main concern then stop trying to do your homework in the Pub! Sure, there are a few annoying 'mouth's' around when people are drinking but you cannot be so judgmental as to say that everyone is an annoying drunk. That would be just like if I said that every non-drinker was a tight-ass, closed-minded whiner. But they aren't all like you, are they?

And your last claim that students shouldn't be drinking on their work day is totally stupid! When the \$&* did you start getting paid to be here? To me, a work day implies a job for which you get paid, and Laurentian sure as hell isn't a place of work for me. I pay thousands of dollars to be here and I should be able to do what I want with my time! Being at University is a job? You poor, misguided little shit. The day anyone takes getting a Laurentian education as a job is the day they should be locked up in a padded room and fed tapioca pudding through a straw!



Loosen up! Any university you go to there are people who drink and still manage to get their degree. I would love to put my beer and rye soaked grades up against your stone sober ones and compare. I bet there isn't much of a difference. Well, maybe a little, but I am a card carrying member of MENSA so you shouldn't feel so bad.

So what is the single most serious problem facing students? Raised tuition, useless administration, a shitty economy, a lack of professional jobs, or alcohol. In my view, 'one of these things is not like the other. One of these things is just plain fun'! Maybe alcohol is a problem for you, but all you have to do is loosen up and deal with your demons on your own time, and not on my page in Lambda! You wanted discussion and debate, well you got The Ring baby! You have any more problems with the vast majority of students who drink, all you have to do is *Get in the Ring* and my drinking buddies and I will serve you up a double shot of ass kicking and chase it with a tall glass of 'shut the \$&* up'!

Give Me Books or Give Me Death

by Max O'Malley
Contributor

It's kind of an exciting time in Sudbury right now, with all the "big boxes" steamrolling into town, with their low prices and great selection. The impact on our community has already been felt. The Silver City movie theatre, without having even opened yet has closed the Supermall Famous Players theatre, which was a real hallmark of my growing up. In a way, I'm kind of sad to see it go. But on the other hand, twelve wall-to-wall screens, arena style seating and a Pizza Hut inside the Silver City has dried my tears of sorrow.

The same will likely go for the sad, but imminent departure of every other book store in this city that does not bear the name "Chapters". I was absolute awe-struck by the turnout to the new Ubbert-bookstore which plopped down on the Kingsway like a big blemish on our landscape. Didn't there used to be trees there? Who knows? Who cares? There's books to be read.

But wait! I'm sure you'll get used to seeing me write this, but isn't there a bigger issue raised here? Other Chapters book regimes in the world operate under different operating

hours than the simple, peasant book peddlers here in Sudbury. With their O-So-Yummy Starbucks coffee and comfy seating arrangements, Chapters likes to keep its doors open until 11 o'clock in the PM.

Enter: City officials. It would seem that Sudbury has a little law in place which prevents retail outlets from keeping their doors open past 9pm. "How rude", says Chapters, who wants this law struck down so they can complete their strangle hold on the book buying, coffee drinking, comfy couching sitting citizens of Sudbury.

In classic Sudbury politics style, the local government are sitting on their hands. You see, they have two options here. They can do as they did with the movie renting industry when Blockbuster Videos wanted to stay open until twelve and make book stores exempt from the law and every other type of business not exempt, or they can drop the law entirely. Cynical people like me see this as two questions, "Does the government have the right to tell merchants when they can and can't do business?" and "What gives one type of business the right to do so, while

others do not?"

Now, I understand that the issue is that the Ma and Pop bookstore down the street from Chapters is not going to be able to grab the after 9 crowd from Chapters, and therefore is not in an economical position to maintain these sorts of hours. This would give Chapters an unfair advantage. Of course, all unfair advantages aside, because they really shouldn't make a lick of difference in this decision, Chapters, like every other business should have the right to stay open as long as they like. Frankly, I'm sick and tired of not being able to buy paper backs at a reasonable price at 10:30 at night. You know, when I really, really need them. Of course, anyone who has been to a Chapters down south at 10:30 will tell you that they do draw the people in. Besides, we've gone this far, with our Walmarts, Silver Cities and Costcos, it's about time that Sudbury let go of its little city values and little city laws and let the businesses compete on their own terms. In the end, its going to balance out and our economy is going to be stronger for it.

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SGA
AGE

students' general association
association générale des étudiants(e)s

Notes from the SGA

by Mark Solomon
VP Services

Ok here we go. A couple of weeks ago I had talked about Molson Day and now I have the specifics.

All you need is a team of four, and forty bucks. That's ten bucks a person. You can't go wrong! Drop by the SGA office and pre-register, anytime before the 26th (next Friday).

Here's the outline of the day:

9:00: The SGA office opens and teams can pick up their cameras anytime during the day.

Now your team needs to take pictures of your team and Molson products. Please remember that we will have a Rep. from Molson there so if you want to be funny and use Labatts, trust us you will LOSE.

6:00: All cameras are due back. Since you've been out taking your pictures all day why don't you do a little site seeing with Molson. Each member of your team will be given 5 beverage tickets. There will be exactly 5 various beers from around the world, thus a beers of the world. Right around this time we will even feed you supper!!

10:00: All teams have a VIP pass into the Pub. This pass will get them straight into the Pub, anytime after that.....Sorry. Now why would you want to go to the Pub on a Friday? Two words: Wheat Kings! That's right, one of the very best Hip cover bands will be gracing the Pub for a concert.

12:00: Right around here the judges will have made their decision and the winner will be announced.

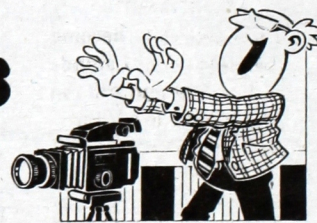
So what do the winners get? They get their winning picture front and center on a poster that will be a fund-raiser for the food bank. Thus bragging rights all over campus. Other teams will have their picture on the poster also.

So for ten bucks each, you and your team, will get a beers of the world, supper and a great time at the pub. What do we call this day?....

HERE'S WHERE WE GET LAURENTIAN!

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here's
where
we get
Laurentian



TEAMS OF 4 can pick up their camera and tshirts @ 9 am on the 26th, and return them at 6 pm. The best picture will win. Teams will then join the SGA and Molsons for supper and Beers of the World. Teams will have VIP passes into the Pub that night for the WHEAT KINGS concert. All of this for only \$40 per team- you must pre-register at the SGA office

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The University Belongs to the Students

by Todd Bosak
V.P. Student Affairs

What are our demands? I thought I would spend a few minutes talking about what the demands are regarding ACCESS 2000. As you may know, ACCESS 2000 is the campaign that will culminate in a national day of protest and action set for the 2nd of February 2000.

When talking about changing the status quo, it is important to be focused. It is easy to see that things are really bad for students but what changes could be made? This question is answered by the 4 demands that are part of the ACCESS 2000 campaign.

Demand 1. Increase in transfer payments by the Federal government for education. In 1995, the Federal government slashed transfers to the provinces. Five years later, the government is 12 billion dollars in the surplus and its time that money is returned to things like education.

Demand 2. Tuition fee reduction. It is accepted by all that tuition is too high. The Provincial government has stated that tuition should be responsible for thirty-five percent of an institutions' operating budget, most places it is over forty. Government needs to keep its promise and scale tuition back.

Demand 3. A national set of standards for education. Education is a Provincial responsibility. That said, so is health, but in order for provinces to get money for healthcare, they must meet certain minimums that protect quality and accessibility. Why should education be any different?

Demand 4. A national set of grants for students in need. The provision of student aid should not equal a future of debt (which has reached on average \$25,000). Only Japan and Canada (among industrialized nations) do not offer grants along with loans, yes that means the United States, Turkey and Paraguay are way more progressive in the way that they provide student aid. If debt is bad for government, why is it ok for students?

There you have it, four demands that are within our reach and which could revolutionize our lives here at Laurentian. All that it will take is a great effort on February 2nd, to make sure that all of our voices are heard and that we are loud enough to be heard in Ottawa and Toronto. Let's do it!

Opinion

Prozac For the Wannabe Superhero

by Nick Stewart
Entertainment Editor

As a member of the Review Committee for Application to be a Superhero, James M. Morgan's recent article attacking drinking on campus to supposedly defend the beleaguered L.U. non-drinker in which he calls himself the Avenger of the Citizen Student. came to my attention. Normally the Committee doesn't deal with the application to be a superhero through a newspaper, but Morgan seems to have accidentally sent his request to the Lambda, and so we thought we would do the same. This is the official review of Morgan's Application to be a Superhero. Mr. Morgan: Want to be a REAL Avenger of the Citizen Student? There are rules to follow to become a superhero.

One: Go after issues that really exist. Superman chased bad guys. Don Quixote chased windmills. Attacking the "horrendous" issue of drinking on campus is in fact a really big windmill, James "Quixote" Morgan. People celebrated Superman. Don Quixote only got laughed at. Get the picture? Attacking non-existent issues is worth no points.

Two: Have a distinctive ability which sets you apart as a real superhero and not a wannabe. To use Superman as an example yet again, the guy could fly and leap tall buildings in a single bound, yadda yadda. Quixote Morgan denies that some students are true "citizens" because they drink. Excessive whining is not a distinctive superhero ability, so no points there.

Three: Possess a basic knowledge of the facts. Even the Incredible Hulk in his worst moments had a fairly good grasp of who to tear into bits or not. The Avenger of the Citizen Student seems to have forgotten his notepad back in the telephone

booth. The assumption that people get drunk because they weren't careful is wrong for so many reasons. Erroneous point number one: If people got drunk because they weren't careful, bars would force patrons to put on oven mitts when they enter, and all the drinks would be served in two-inch-thick fluorescent plastic mugs, because obviously Drunk People Are Dangerous! Doctors, dentists and surgeons would be required to have I'm A Non-Drinker Certificates posted on their walls to assure patients that they are careful, responsible people. Erroneous point number two: Being a student is a job. Responsibility, yes. But a job? Is the University paying Quixote Morgan to go to school? This must be investigated!

Four: Know your enemy. One cannot be a true avenger if one is attacking the wrong enemy. Would-be Avengers of the U.S. Senate attacked violent movies and computer games as causing the kids in Columbine to kill. The movies' and games' violence was merely a catalyst, a pattern followed. The true CAUSE was the kids' mental psychoses. The same confusion is true for Quixote Morgan's statement that booze negatively affects students' academic performance. Students who drink excessively and do poorly in school do not have bad grades because of alcohol. They have bad grades because they are sufficiently irresponsible to spend their time drinking instead of studying. The alcohol is the catalyst. Irresponsibility is the cause. Ignorant confusion is worth no points.

Analysis: Quixote Morgan fails his Superhero Application miserably, with a grand total of one point (for Rabid Overzealousness...a plus in a superhero). In order to become a

true Avenger, Quixote Morgan must 1) Attack serious issues, perhaps Tuition Hikes, Inadequate Provincial Funding, OSAP Woes, so on. Abandon the Giant Windmill of Drinking. 2) Defend all students unequivocally and not consider a student as being worthless because he or she drinks. 3) Have a clue. Being a student is not a job. People get drunk because they want to and seeing as how they are paying to be here, have the freedom to do so. An important characteristic for a student avenger is to defend the students' freedoms. One such freedom is the freedom to drink. If Quixote Morgan wishes to have the freedom to be spared the presence of drinkers, then he should exercise his freedom to get the hell out of the Pub. 4) Differentiate between cause and catalyst. Dictionaries are available in the school library, Quixote Morgan. Get cracking.

SUPERHERO OR QUIXOTE?



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Feature:

A New Way of Looking at the World

Why is Astrology so Appealing?

Julie Murphy
Ass't Features Editor

I find Astrology so interesting and appealing because it is another way of learning things about yourself. It studies every variety of human nature. Astrology deals with the belief that you do not need to go through life blindly. Within certain limits you can direct your own destiny and, in the process, learn more about the person that you are.

Astrology is the world's oldest science. It is the science of the stars and there are always new things happening. Throughout history, Astrology has always been a topic of interest. Professors, philosophers and scientists have studied and written about astrology's significance.

A real horoscope is much like a painting of yourself. It can show a lot about your general character. Do you make friends easily? How do you handle stress?

A recent poll showed that 29% of Americans believe that their lives are influenced by the position of the stars above. There are 1750 newspapers and magazines in the US and over 1200 of them carry a horoscope column. Log onto the Internet, type in the word horoscope and there are hundreds of websites dedicated to this topic.

Well, not to say that I don't like Americans, but considering most of my information and statistics came from the US I decided to conduct my own little survey and ask a few people here at Laurentian what they thought. My question:

"When you read your horoscope, do you take it seriously?"

My results: Yes 0% No 100%

I was generally surprised that no one takes them seriously, I don't take the ones published here in Lambda seriously but other sources I might. Here is what a few people had to say about the question:

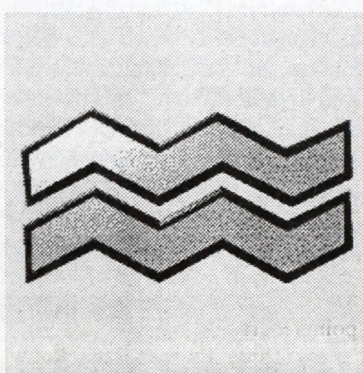
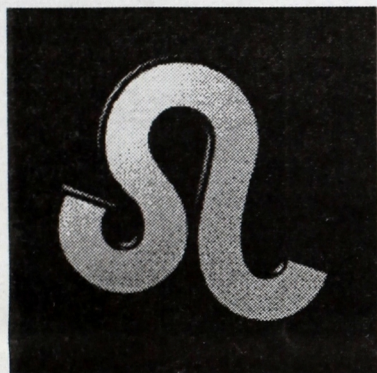
"It all depends on where I read it." -Stephanie Germain

"It's fun to compare it (your horoscope) to your everyday life to see what it has in common."

-Nova Ross

"Yeah! Just this morning my horoscope said that, as a University student I may or may not have adequate sleep, be broke after buying my horoscope and adopt a very cynical attitude to deal with the high levels of stress. So far heh! It's in the groove."

-Jesse Brooks



by Sarah Hamelin
staff writer

Runes

Runes are very similar to tarot cards, being that they can answer any questions you possess with a relatively equal accuracy. But a known difference is that runes tend to be a little simpler to work with. A set of runes is composed of 25 symbols, making it much easier to work with and it is easier to memorize the meanings of each symbol in comparison to the tarot, with 78 cards. Runes are said to represent simple human qualities, ideals, emotions and desires. They can remind us that even the most complicated problems or challenges can be related to twenty-four basic qualities, as well as the all-knowing quality that is found in the twenty-fifth rune, which is blank. The tarot is unable to achieve this however, not lowering its accuracy, but just demonstrating how the two work in different ways when it comes to readings.

The legend on how runes were created starts with Odin, a Norse god. Odin hung upside down from the tree Yggdrasil for nine painful days without any food or water. Yggdrasil is the great world tree that exists outside of time and space. Beneath the roots of Yggdrasil is said to lay the Fountain of Mimir, which contains secrets and wisdom. On the ninth day Odin spotted the runes and knew their secrets, giving them to people so that they would know and learn the

truth as well.

Each rune can be associated to a number relating to numerology. This is handy when it comes to trans-

lating your runes in a reading. By associating a value to each rune, you can add these numbers together to get a sum number, and by following the

same process as calculating a Destiny Number, you just keep re-adding until you obtain a single number, hence the number corresponding to

the answer of your question. For a numerology spread, a person randomly selects five runes from the bag, then sets them down on the cloth, and then calculates the number. For other spreads, the number of runes used can vary from one to eleven, depending on the detail of which they want their question to be answered with. For the other spreads however, you would use the meanings of each stone in a reading instead of the meaning of the corresponding number, giving you a broader answer.

Runes were typically made from materials such as wood, bone, or clay, but now you can purchase them in a variety of different materials such as stone, metal, or those the same as in the past (my own set personally being made of clay). For storage, you can follow the same procedure as tarot cards, being that they should be stored in something pure, most of the time a cotton, leather, or hessian drawstring bag. Also, getting a square or circle of silk to lay your runes down on during a reading is a must. Typically the color recommended is white, to ensure the purity of your stones, but like with tarot cards other colors can be used, keeping in mind that the color you use will have a direct effect on your readings.



Runes may have the answers to those questions you've so long sought

Chinese Horoscopes

Like any other ancient bodies of knowledge that have withstood the test of time, the beginning of Chinese astrology predates written records. Due to the lack of written texts, the origins and roots of this complex system of predictions and character assessment are lost forever.

There is evidence to suggest that the system was already in use approximately two to three thousand years before the birth of Christ. The astrology system is based on the cycle of the moon. As the new year is calculated according to the second New Moon of the Winter Solstice, the Chinese New Year is not fixed but falls sometime within a span ranging from the middle of January to the middle of February.

Chinese astrology uses twelve animals as a form of symbols to represent the nature and character of the people born not only in different years, but even in different seasons and even at different hours of the day.

The general years, depending on the beginning of the Chinese New Year of January to February, of each animal is as follows:

Rat	1948 1960 1972 1984 1996
Ox	1949 1961 1973 1985 1997
Tiger	1950 1962 1974 1986 1998
Cat	1951 1963 1975 1987 1999
Dragon	1952 1964 1976 1988 2000
Snake	1953 1965 1977 1989
Horse	1954 1966 1978 1990
Goat	1955 1967 1979 1991
Monkey	1956 1968 1980 1992
Rooster	1957 1969 1981 1993
Dog	1958 1970 1982 1994
Pig	1959 1971 1983 1995

People born in the year of the rat are known to be seductive, energetic, of good counsel, charming, meticulous, sociable, jolly, persistent, humorous, intellectual, lovable, sentimental, generous, and honest. However, rats are also known to be profiteering, manipulative, agitated, gamblers, greedy, petty, suspicious, destructive and power-hungry.

People born in the year of the ox are known to be hard-working, methodical, loners, proud, reserved, equilibrated, precise, confidence-inspiring, eloquent, self-sacrificing, original, silent, strong and tenacious. They are also known to be slow, loutish, stubborn, sore losers, authoritarian, misunderstood, rigid, vindictive, and jealous.

The Tiger embodies people who are very jealous, well mannered, courageous, self-assured, leaders, protectors, honourable, noble, active, liberal-minded, magnetic, lucky, strong, authoritative, sensitive, and passionate. Yet, they can also be undisciplined, uncompromising, vain, rash, disobedient, hasty, stubborn, and quarrelsome.

The Cat is discreet, refined, virtuous, social, tactful, unflappable, sensitive, companionable, solicitous, ambitious, gifted, forgiving, prudent, traditional, and clever. The Cat is also known to be old fashioned, thin-skinned, devious, aloof, private, fainthearted, squeamish, and hypochondriacs.

Dragons are scrupulous, sentimental, enthusiastic, intuitive, shrewd, healthy, influential, vital, generous, spirited, captivating, artistic, admirable, lucky, and successful. Yet, they can also be stubborn, willful, demanding, irritable, loud-mouthed, malcontent, and judgmental.

Snakes are known to be wise, cultivated, cerebral, accommodating, intuitive, attractive, amusing, lucky, sympathetic, elegant, soft-spoken, well-bred, compassionate, philosophical, calm, and decisive. However, they can be ostentatious, sore-losers, tight-fisted, extravagant, presumptuous, possessive, vengeful, self-critical, lazy and fickle.

People born under the sign of the Horse are amiable, eloquent, self-possessed, quick-witted, athletic, entertaining, charming, independent, powerful, hard-working, jolly, sentimental, frank, and sensual. They are also known to be selfish, weak, hot-headed, ruthless, rebellious, pragmatic, tactless, impatient, unfeeling, and predatory.

Goat or Sheep people are known to be elegant, creative, intelligent, well-mannered, sweet-natured, tasteful, inventive, persevering, lovable, delicate, artistic, amorous, altruistic, and peace-loving. Yet, they can be pessimistic, fuss-budgets, dissatisfied, capricious, intrusive, undisciplined, dependent, irresponsible, late, and insecure.

Monkey people can be acutely intelligent, witty, inventive, affable, problem-solvers, independent, skillful, business people, achievers, enthusiastic, lucid, nimble, passionate, youthful, fascinating, and clever. Yet, they can be vain, opportunistic, long-winded, untrustworthy, unfaithful, and unscrupulous.

Those born under the sign of the Rooster are frank, courageous, resourceful, attractive, talented, generous, sincere, enthusiastic, conservative, industrious, stylish, amusing, popular, adventurous, and self-assured. They may also be nit-pickers, braggarts, mistrustful, short-sighted, pompous, and brazen.

The Dog symbolizes people who are courageous, noble, loyal, devoted, attentive, selfless, faithful, modest, altruistic, philosophical, respectable, discreet, dutiful, and intelligent. Yet, they are guarded, introverted, defensive, critical, pessimistic, forbidding, cynical, and stubborn.

Pigs are known to be obliging, loyal, scrupulous, indulgent, truthful, impartial, intelligent, sincere, sociable, cultured, sensual, decisive, peaceable, loving, and sensitive. They may also be naive, defenseless, insecure, sardonic, non-competitive, willful, and gullible.

Features Trick of the Tarot

by Sarah Hamelin
staff writer

I've been the proud owner of my deck for about three and a half years now. They were picked out by me, but I did not purchase them since I had once been told that it jinxes your deck if you buy it for yourself. I instead received them as a gift for my birthday, and then that following Christmas I received from the same person a box made of pure wood. Now I'm sure you're curious about the relevance of this, but it is also said that you must keep your cards surrounded in something made of a pure material or else you risk "unpurifying" your cards and making them less accurate. The most common materials being either wood or silk, making sure that either is the pure before purchasing. There really is no harm in asking this, most people are all but too helpful in helping you find what you're looking for.

For silk, you can use it in two manners: either you can just wrap your cards up in a length of it, or purchase a small bag made of it and just slide your cards in there. The plus side of using silk is that with it you can pick a specific color to wrap your cards in. I was told to wrap them in white to purify them, but a friend told me she heard that purple works well to protect them. This basically leaves the door open for you to choose exactly what environment you wish to surround your cards in simply by the color of the silk. With wood however you don't have this option, wood is, well, wood.

Now as for the deck itself, if you ask anyone who owns a tarot deck if they know what each card symbolizes, odds are they would have to say no. It's not that the tarot is complex, it's just that it's rather large and has a broad variety. The best way to go about learning the cards is to remember that they are separated into two arcana: the major and the minor. The major arcana is comprised of 22 cards, being such as the magician, the high priestess, the empress, etc. ... The minor arcana is composed of 56 cards which are then separated into 4 suits: swords, cups, wands, and pen-

tacles. Each of these suits contains 14 cards, being much like a deck of playing cards which has 13 for each suit (the page is an extra card added to the tarot).

Now the simplicity in this is that you have numbers one through nine in each of your suits. Each of the suits has a corresponding elemental, such as cups go with water, swords with air, wands with fire, and pentacles with earth. Now by possessing a description of each of the elements, and what each number between one and nine represents you can essentially know what the card represents without having to learn each one in-

dividually. An example being the ace of wands, with this you just have to recall what one symbolizes and what fire does, and right there you can combine the two and know what this card represents. Unfortunately this only works for the cards of ace through nine, for the others of the minor and major arcana the best bet would probably be to look at the cards, examine details (such as the lighting: bright and sunny, or dark and gloomy) and with that you can get an approximation of what it means. And if that isn't your fancy, well you can always just memorize.



Candle Colours

by Sarah Hamelin
staff writer

We see colors everyday in everywhere we go, everything we do. Some make us happy, some make us sad, either way, they do have a way of influencing us, and also represent us too. But have you ever thought of the possibility that they can actually help heal you? It's believed that simply the color of a candle can actually have an impact that would remove symptoms, remove traces of pain, and simply relax and soothe you just by having it lit near you. Now remember, these are NOT sure-fire cures to these ailments, they are just believed to be and if anything do serve to help you on a spiritual level if not a physical one.

Red symbolizes energy, life; being a fiery and invigorating color it helps to ail anemia, cancer, exhaustion, frostbite, and leukemia amongst some. Orange is a stimulating and energizing color that helps with ar-

thritis, asthma, bronchitis, coughs, depression, epilepsy, and exhaustion. Yellow is a rather stimulating and uplifting color, know to relieve fear and help cure constipation, diabetes, heartburn, indigestion, and menstrual cramps.

Green is a color that represents fertility and nature, helping with boils, cancer, colds, headaches, high blood pressure, kidney ailments, nervousness and ulcers. Aqua is a color that is rare to find in candles, but if so it serves as a soothing, stress-relieving, harmonizing color that promotes balance, helping fight against burns, high blood pressure, hypersensitivity, infections, inflammations, nutritional disorders, and skin problems.

Blue is a color that serves to soothe and relax, which helps with burns, diarrhea, fever, headaches, high blood pressure, insomnia, menstrual pain, skin rashes, sore

throats, sunburn, ulcers, and minor wounds.

Violet is a color that is vibrating, highly spiritual and inspirational, being very good for meditation and inducing creativity. On the other hand it helps ail allergies, asthma, colds, mental disorders, sinus problems, sleep disorders, stress related diseases, and tumors. Pink is symbolic of love, harmony, it protects, rejuvenates, brings hope, restful sleep, pleasant dreams. Also, it helps heal ailments of the heart, anxiety, constipation, depression, and kidney problems. And finally white, a color representing innocence, purity, and peace serves to help prevent strokes, increases breast milk production, in treating broken bones, calcium deficiencies, and toothache pains.

NUMEROLOGY

1 2 3 4 5 6 7 8 9

by Sarah Hamelin
staff writer

If you ask someone what astrology is, odds are they will give you a rather decent explanation, but if you ask someone about numerology however, and you might succeed in stumping them. Numerology is one of those things that we don't see as having a great impact on things, but, in reality, it does. Looking at the name you know essentially that it pertains to numbers, but how? Well, numerology is formed of the belief that every person is born with a Destiny Number. Your Destiny Number is that which best represents *you*, giving you an understanding of who you are and perhaps even where you are going in life. Who would have thought that from a simple number you could learn your weaknesses and your strengths? But it's actually possible. But please, don't confuse your lucky number with your Destiny Number, because they are far from the same thing.

So, the other day, I actually sat down and recalculated my number, since I had not done so in a few years. It's not a particularly difficult task, it consists simply of taking your birth date and tallying up all the numbers: the date, month, and year you were born in. In example, here's how I did mine: I was born May 16th 1979, meaning that I have a date of 16, month of 05, and year of 1979. I took these three numbers and added them together obtaining the number 2000; $16 + 05 + 1979 = 2000$. After

this I added up each of those numbers; $2 + 0 + 0 + 0 = 2$.

Hence, my Destiny Number is 2. Of course my number came out easily, for some people it may require a few more additions of each digit, but you just keep doing so until you obtain a number consisting of only one digit that is located between 1 and 9. So, now that you have your number, what does it mean? Well below is included a brief summary for each of the numbers so you can get a general idea, but if you wish for a more descriptive one there are more than plenty places on the Internet, or even books in stores, that specialize in this and can tell you exactly what you wish to know.

One: One is the number for leadership, creativity, confidence, and attainment. Ones need to learn that they need not carry the burden alone, and that each ending is also a beginning.

Two: Two represents balance, duality, and the light and the dark. Twos need to learn to balance being both receptive and giving. Cooperation and association with others is a lesson.

Three: Three represents manifestation. Threes enjoy social situations, however their love of the social scene leaves them open to being hurt. A lesson for them is that they cannot always control others' thoughts or actions. Threes manifest best through patience.

Four: Unlike threes, fours are more of the type that when they set their eye on something they do the background work to achieve it. Fours must learn not to throw themselves completely in their work or sacrifice themselves working for others.

Five: Fives adapt and accept change well, but this change itself only comes from their own boredom. Discipline is a lesson that follows them, a lack of discipline creating a lack of the freedom they so cherish.

Six: Six is a number of balance and responsibility. Sixes will fight their ground rather than join the masses, but they must learn that sometimes it is a better choice for them to join instead.

Seven: Seven is the place where spirit and matter meet. Sevens must learn to understand their own uniqueness in life, and appreciate the strength of their wisdom.

Eight: Eight represents earthly knowledge and strength. Eights are great at financial and business matters, but it is a trap for them if used improperly. It's hard for eights to learn valuable lessons if they get too comfortable.

Nine: Nine represents the full circle, wisdom from knowledge, and leadership. Where one represents leadership in earthly matters, nine does in spiritual matters.

Biorhythms

by Sarah Hamelin
staff writer

The principle behind biorhythm is that our lives are affected by three primary cycles: physical, emotional, and intellectual. These cycles start at a middle point when we are born and then go up and down at different rates over our lifetimes. When any of the cycles are at a high point, things we do that require aspects of that trait are more successful, the reverse is true during the low

points of a cycle. Many people report that they can improve the quality of their lives by monitoring their biorhythms and acting accordingly.

The three cycles that supposedly rule our behavior, the physical, emotional and intellectual (in case you forgot), are each represented by a sinus wave for a certain period: 23 for the physical, 28 days for the emotional and 33 days for the mental. Each of these waves are put onto a

chart, containing a central line and two sections, one positive and one negative. To the left of the center line is negative: the cycle in question will be in a recuperative phase. To the right is positive: you will be at your best during these times. When a cycle crosses the axis there is a critical period where the cycle in question is in transition.

In a compatibility biorhythm chart however, you have more than just your basic three rhythms. You are now confronted with six different aspects to be evaluated: three primary rhythms and three secondary rhythms. The primary rhythms remain the same, being physical, emotional, and intellectual, but added to those are the secondary rhythms of passion, wisdom, and mastery. Passion is essentially a combination of your physical and emotional waves, expressing drive, incentive, and raw sexuality. Wisdom is a combination of the emotional and intellectual waves, giving you the ability to decide whether the relationship is worth pursuing since wisdom leads passion. And then mastery is a combination of the intellectual and physical curves, providing you with the energy required to complete the task you have first set out to do. Mastery also represents the ability to act on what you desire. The last three really aren't necessary in a biorhythm compatibility chart, but are just provided by some (not all) to give you a more in depth analysis.

Palmistry

by Sarah Hamelin
staff writer

Palmistry is the art or practice of reading a person's character or future from the markings on his palms. It also is said to offer insight into your personality, character, talents, potential for success and prosperity, and personal relationships. That about sums it up. Seriously, it is not that complicated a domain. So since it's so easy to describe, here's a list of a few of the lines that are used in palmistry readings, focusing on the main ones and not mentioning all the smaller ones:

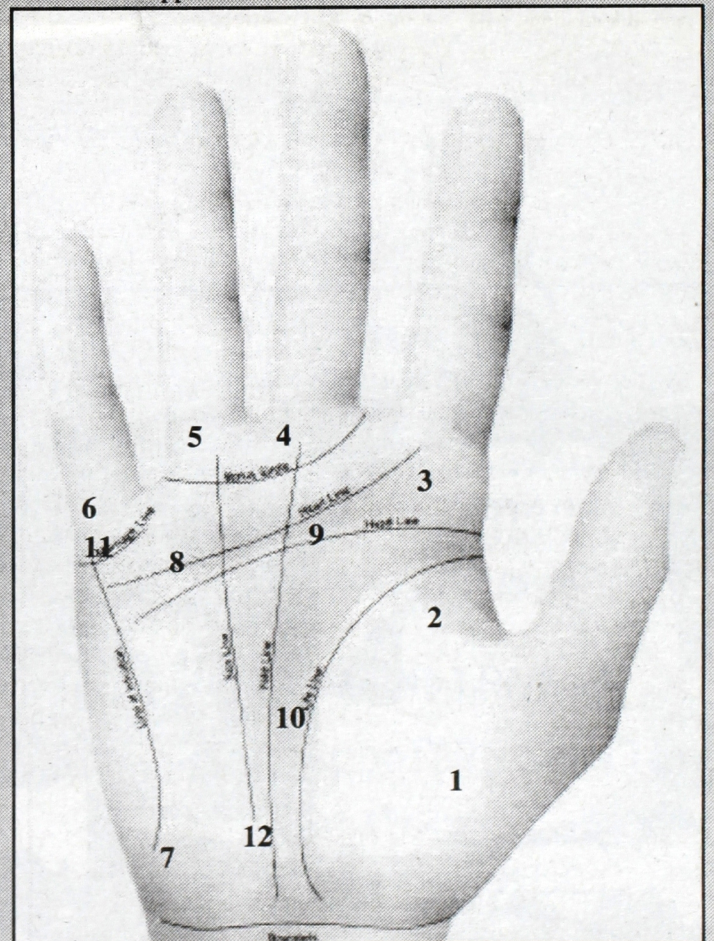
Lifeline: This line starts somewhere between your thumb and index finger and curves down around your Venus mountain, the bump on your palm located under your thumb. The lifeline tells something about your vitality; the deeper the line is, the more energetic and healthy you are.

Heartline: This line starts under your little finger, runs across your palm very slightly bending upward and ends usually between your middle and index finger. This line reflects the matters of the heart, both mentally and physically. If it is deep and not broken you are a stable person.

Headline: This line starts very near to the Lifeline and runs across the palm while slightly bending downwards. It tells you about both your intellectual capabilities and the functioning of your central nervous system. If it is long (ending under your little finger) and regular, you'll study your whole life and you have a wide interest. If the Headline bends very much downward you are likely to be depressive sometimes and more easily influenced by other people.

Fateline: This line runs from the bottom to the top of your palm, pointing towards the base of your middle finger. It starts low in your palm and usually ends near its crossing with the Heartline. A non-broken, clear and deep line indicates a good career achieved through a healthy struggle. Less clear lines indicate a not-so-special career and a more standard life.

The web is a great place to go and find locations that will do palm readings free of charge. The best one I have come across to date is called CyberPalm, located at <http://www.luvhut.com/>. It possesses a java box that actually gives you the opportunity to customize the lines on the screen so that they match those of your hand, which is really sharp. Plus, I must admit the entrance line asking 'Tell me your name beautiful' makes the site a little more entertaining. It also includes a feature that gives you a summary of what each line represents, and loads it onto a separate screen so you can print it up to take with you. But unfortunately this site is probably not accessible to everyone, so an alternative can be found at: <http://www.geocities.com/Athens/Atlantis/8767/>. It's not as impressive as the first, but a decent alternative consisting of images that are used to be compared to the lines on your hand, leaving you to simply click on the one that applies.



1. Mount of Venus
2. Lower Mount of Mars
3. Mount of Jupiter
4. Mount of Saturn
5. Mount of Apollo
6. Mount of Mercury
7. Mount of Luna
8. Heart Line
9. Head Line
10. Life Line
11. Relationship Lines
12. Fate Line



Meditation

by Sarah Hamelin
staff writer

Being in the right state of mind when playing around with tarot cards, rune stones, or any other similar item is essential if you want to obtain good results. People can't help it if they have a bad day, so how can you get rid of a bad mood before starting a reading? Well, for some, the process is as simple as closing your eyes, taking a few deep breaths, and then jumping into the reading. Others, however, need something a little more profound, hence they turn to meditation. Of course meditation isn't only limited to preparation for a reading, it can be done whenever you feel like you need to relax, or even be made into part of your day-to-day routine, depending on how helpful you find it to be.

To start, sit or lay down comfortably. A place like your bed or on a pillow is good, ensuring that you'll be comfortable for the whole time. Also, most people tend to prefer a quiet place, but it really is not required. Next, close your eyes and remember to breathe naturally. Some people believe you should alter your breathing pattern: you would take deeper breaths less often, but by doing so you're actually drawing your attention away from relaxing. Hence, it's just best to stick to your normal breathing pattern. Sit, breathing as suggested, for about one minute before you begin your visualization. The typical method is essentially to imagine something that would relax you, like the ocean, or maybe rain falling. Myself I tend to follow the steps I found in a book, being that you visualize that roots (like those of a tree) work their way down from your spinal cord down into the earth. This grounds you, giving you a foundation to work off of. Next, imagine a white light shining down and being absorbed into your skin as it lands upon it. This light serves to further relax you, leaving you with a calm feeling as it flows inside you. I know it sounds a little far-fetched, I know I thought so too when reading it, but surprisingly enough it does work.

Make sure that while you're in a state of meditation, you allow your thoughts and feelings to come and go freely. Don't try to control them in any way, just note them for future reference. Meditation like this should last usually for about 20 minutes. When you are finished, take about a minute to slowly return to normal awareness. Make sure to take your time when it comes to opening your eyes or standing up, you are after all making the transition from a very relaxed and passive state to a much more active one. After all, it defeats the purpose of meditation if you're trying to bring yourself to a relaxed state that you can carry with you if you're just going to give yourself a jolt and reminder of exactly how the reality around you is.



Meditating helps you ground yourself and get in touch with the natural world

by Sarah Hamelin
staff writer

Everyone has a zodiac sign, being Scorpio, Gemini, Virgo, etc. but how many actually know their elemental? In astrology there are essentially four elementals: fire, water, air, and earth. For each elemental there are 3 zodiac signs, giving us a total of 12 zodiac signs (which makes sense after all). So getting to know your elemental can add onto the knowledge you obtain from knowing your birth sign. The best example to illustrate the differences between the elementals is the following: there is a large angry bee trapped inside a room, to avoid being stung, an earth sign either kills it or leaves the room, advising anyone that comes along of the bee. An air sign would ask how the bee got into the room, and starts to discuss the best way to get rid of it, or it will inject humor into the situation by asking if it belongs to anyone. A water sign becomes upset or feels sorry for the bee and tries to protect it. A fire sign would just swat the bee.

Fire: Fire is a masculine elemental representing Aries, Leo, and Sagittarius. Fire can offer warmth and comfort in the hearth of a home, but a spark from this same fire could burn the house down in a matter of minutes. Members of the fire family are like this; either they can be quick to burn, or there to offer warmth. They are rather hot tempered and quick when it comes to taking action, but they are also good when it comes to comforting in matters of the heart. They are the type that would shoot first and only later think of the consequences of their actions.

Earth: Earth is the epitome of feminine, representing Taurus, Virgo, and Capricorn. It represents creative forces, domesticity, contentment, hearth, home, and family. The members of earth's family certainly live up to the characteristics of earth. They understand the cycle of the life in the renewal of spring, the abundance of summer, then changing of fall, and

Features The Elementals

the contemplative and restful winter. Each knows abundance, yet acknowledges within itself a colder side. They are very goal-oriented. When they set a goal for themselves nothing can drive them off pace.

Air: Air is another masculine elemental representing Gemini, Libra, and Aquarius. Think about air for a moment. Air can bring a cool and gentle breeze, or hurricane-force winds. The members of the air family are like this; they can be either highly aware of every moment and carry enthusiasm for life, or they can be too men-

tally focused that their analytical nature overrides their intuition.

Water: Water is a feminine elemental representing Cancer, Scorpio, and Pisces. Remember that water takes the easiest course in flowing to meet the sea, but, in the process, it can be very destructive. Since water knows how to flow and that its final outcome will be to join the sea, it is associated with knowing, and therefore connected with intuition. Members of the water family demonstrate these water qualities time and time again.



Water, Fire, Earth, Air - the 4 elementals

Healing Herbs

by Sarah Hamelin
staff writer

For years upon years we've been using plants and herbs to cure the smallest of ailments. But now in an age where popping pills seems to be the thing to do, we seem to have forgotten about how much better a simple cup of tea could actually make you feel. So below are a few recipes for common ailments for you to use as you see fit (unfortunately I was unable to find any for headaches or hangovers, so you're going to have to rely on caffeine and Tylenol as cures).

Coughs: In three pints of boiling water, place peppermint leaves, one cup of rum, one half cup lemon juice, one ounce cinnamon bark and one ounce comfrey root. After these are well blended, strain and add half a pound of sugar and two ounces of honey, bringing the entire mixture to a rolling boil. Cool and store in an air tight container for use as a cough syrup.

Fever: Warm one quart of

whiskey with the peels of two oranges and one lemon. Take two teaspoons after each meal. Another option is to take one thumb-size piece of ginger root, washed and peeled, and boil it in a cup or so of water for two or three minutes. Add a pinch of cayenne pepper, 1/4 teaspoon honey and the juice from half a lemon. Drink as hot as possible, as quickly as possible.

Insomnia: Two raw onions eaten before bed with a healthy portion of bread and butter is said to aid sleep. But since most of the population would find this idea rather repulsing, teas consisting of chamomile, valerian, catnip, and/or peppermint (a combination of a few of these is said to work wonders) are good substitutes.

Stomach aches: A tea of mint, strawberry leaf, catnip and blackberry with one tablespoon of brandy should ease the stomach. Chamomile tea is also useful to get rid of sore stomachs.

And of course with the impending cold and flu season, stick to the same old remedies of lots of fluids (mainly water and orange juice), chicken broth, aspirin, and lots of rest. But along with these you could also try popping some Echinacea tablets, which will help to rebuild your immune system, and you could also try the recipe for the tea below which is designed especially to fight colds:

3 cups water
10 teaspoons cayenne pepper
3 cloves crushed garlic
3 tablespoons honey
3 lemons
3 teaspoons fresh ginger, finely chopped

Brew all the ingredients together. Squeeze the juice from the lemons, but leave the rinds floating in the tea. While simmering, put your face directly over the steam and inhale. Sip the tea and make a horrible face (the tea should take care of this part for you). Repeat as often as necessary.

Astrology

What is Astrology?

Astrology is the study of the cycles of movement of the Sun, Moon, and Planets. From Egypt and Babylon through Ancient Greece, to modern day, Astrology has been used to gain a better understanding of how mankind in general, and people as individuals fit into the Universal Cosmos.

What is the difference between an Astrological Sign and a Horoscope?

An Astrological sign is determined by the Sun's position at the time of birth. A Horoscope is a map of the heavens, showing the exact position of the Sun, Moon, and Planets, calculated using the exact date, hour and location of birth. Interpreting the locations and relationships of the planets in a Horoscope can provide insight into an individual's personality traits. Every four-minute interval results in a slightly different chart, and no two individuals have the same Horoscope.

How do the Horoscopes that I read in the Newspaper or Magazines fit into this all?

Strictly speaking, newspaper and magazine Astrology columns do not practice true astrology. They practice "Sun Sign Astrology." Each individual has a completely unique birth chart, and each individual will respond to that chart, in his or her own way because we all have free will and ultimately can determine and choose what we make of our lives. Sun Sign columns look at only one factor in the chart - the sign placement of the Sun. While there is no question that the Sun is very important in the chart, you can only tell the most general things about a person based on their Sun Sign alone, and all of these only relate to how they want to express themselves in a conscious way. Most of us, however, do not use our Sun the majority of the time; most people express their Moon sign far more than they do their Sun Sign.

In order to be able to get a useful understanding of ourselves using astrology, we have to consider all of the different contributing factors. The Sun only represents our conscious sense of self; the Moon is our emotional and feeling nature; Mercury rules the communication and reasoning functions; Venus governs how we relate to others; Mars shows how we defend ourselves, and how we take action based on our desires; Jupiter shows how we seek to grow and expand our understanding of the world; Saturn shows where we need structure and limitations, and how we feel about authority and responsibility.

Sun Sign columns are unfortunately how most people perceive astrology. Sun Sign columns are only useful as entertainment. True astrology, however, is a powerful tool for self-knowledge, healing, transformation and spiritual growth.

What is an Astrological Forecast?

The relationships or aspects between the planets in a Horoscope influence an individual's nature and temperament over a lifetime. In the same way, as the planets appear to cycle or transit across the sky, the aspects they form with the planets in an individual's Horoscope influence day to day life.

Other types of Astrological Forecasts look at the theoretical changes or progression of the birth chart, taking one day to equal one year (e.g. 30 days after you were born = your 30th year of life) and interpret these to gain insight into the major internal changes we experience.

Solar and Lunar Returns take a chart cast for the exact moment that the sun or moon returns to the place that it was in the birth chart, to get a picture of what the next year (Solar Return) or month (Lunar Return) looks like.

What is a Rising Sign and why is it important?

The Rising Sign or Ascendant is the sign that is on the eastern horizon at the exact time of birth. It is also the sign that rules the first house of a person's chart. The houses are relative divisions of the heavens, depending on the birthplace and birth time of the individual, and each house represents a basic field of activity. The meanings of the houses are modified when they are occupied by a planet. The rotation of the Earth causes the signs and the planets to pass through all twelve houses each day, one approximately every two hours.

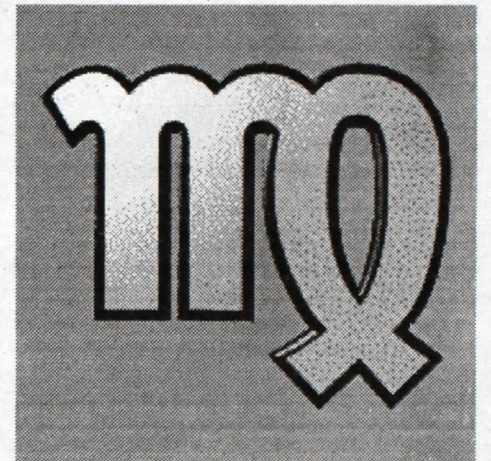
The houses relate to conditions, while the signs tell us about character traits. If we were to compare Astrology to acting, we would say that the planets are the actors, the signs are the roles that they play, and the houses are the settings or situations in which the cast portrays its roles.

The first house, and in particular the Ascendant or Rising Sign, shows an individual's personality, natural disposition and tendencies, individuality, and the way they express themselves. It shows how people see us, and the way we want others to see us.

What does it mean when Astrologers say that a planet "rules" a sign?

Rulerships or dignities are a rather thorny subject among Astrologers. What is meant by saying a planet "rules" a sign is that when positioned in that sign, a planet expresses its energy more naturally, with greater strength and expression. Another term for planetary dignity is saying that a planet is "at home" in a sign, and that pretty much describes it. There are actually four categories of planetary dignity: rulership, exaltation, detriment and fall. Traditionally, planets in their dignity (rulership or exaltation) were considered to be strong, and positive forces in a chart, and planets in detriment or fall were considered to be weak and ineffective. (Then there are the minor dignities of Triplicity, Term and Face, but I won't get into these here!) I tend to work with a more spiritual approach to planetary dignity based on the teachings of Plotinus, Anthony Damiani and Astroneosis. When a planet is in the sign that it rules, it is working on the level of pure Being; in the sign of its exaltation, on what we would call the Soul level, but what the Greeks called "Nous"; in the sign of its Detriment, on the Mental/Emotional level (what the Greeks called the "Soul" level); and in the sign of its Fall, on the Physical level. Now: as to why dignities are such a thorny subject among Astrologers. There is no real agreement as to what planets rule what signs. The original system for planetary rulers, developed by the Greek astrologers assigned the rulers this way:

Sun	Leo
Moon	Cancer
Mercury	Gemini and Virgo
Venus	Taurus and Libra
Mars	Aries and Scorpio
Jupiter	Sagittarius and Pisces
Saturn	Capricorn and Aquarius



This worked out very nicely until 1781 when the planet Uranus was discovered. (All of the other planets are visible to the naked eye). In a typically Uranian way, this discovery threw the Astrological community into an uproar that still hasn't been resolved. Neptune and Pluto only added to the confusion. The upshot is this: Uranus got "assigned" by modern Astrologers to rule Aquarius, Neptune to Pisces, and Pluto to Aries and Scorpio, and only recently has Scorpio edged out Aries in this dispute. Now, ask me what system I use? I use the ancient rulers when I work with them. The Trans-Saturnian planets do fit into the scheme of things, in a rather esoteric and complicated way that I won't go into here (unless people really want to know about it). Personally, I think Uranus has very little to do with Aquarius; Neptune and Pisces are a much better fit; Pluto and Scorpio I'm still undecided on.

Rulerships are one of the subjects that, as Kim Rogers-Gallagher puts it, you don't want to bring up at an Astrological cocktail party.



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Bond... James Bond

Mat's Top Five Bond Movies

5. Live and Let Die (1973) - Roger Moore's first outing as James Bond was actually a pretty interesting one. Although the movie is very 70's, it follows the proper James Bond formula. From the drug lords in Harlem and the Voodoo masters in the Caribbean this movie set the standard for exotic locations and campy 1970's Bond movies. Yaphett Kotto's portrayal of Kananga and Jane Seymour as Solitaire make this the best Moore movie (out of seven), and one of the top five Bond movies yet.

4. Thunderball (1965) - The first big-budget Bond movie pays off as one of the best (usually thought of as the second best Bond movie). The underwater scenes with the scuba fight and the sharks, Bond's jet-pack escape and his grand entrances makes this a memorable Bond movie. Connery really seems to be into the Bond groove by this point making it hard to imagine any one else in the role. The only draw back is once again Bond is up against SPECTRE who's leader is still unknown and getting a little annoying, but Emily Largo makes up for it as Bond's rival and love interest.

3. From Russia With Love (1963) - Although not usually ranked very high, I love this movie. We see the first appearance of "Q" with a briefcase full of tricks, characters like Moneypenny, "M", and SPECTRE become a main-stay and the first true over-the-top bad guy is introduced. The whole story is great as Bond has to take a Soviet defector on the Orient Express all the while being followed by the evil Rosa Klebb and her 'killer' boots. This movie was what Bond was all about before big-budgets came into play.

2. Goldeneye (1997) - I know a lot of Bond fans may want to kill me for this one, but you have to admit that **Goldeneye** is one of the best Bond movies since the original five! The action was more intense, the sets and story were more elaborate and finally an actor was hired that could fill the tuxedo as well as Connery. The movie was a huge gamble and it paid off immensely. Bond was brought into the nineties with a new boss, new attitude, and all the same suave coolness that he has had since the early 1960's. I don't think there will be another Bond movie like this for a long while.

1. Goldfinger (1964) - If you had to pick one movie that could be considered the perfect Bond movie, this would have to be it. Every thing about this movie is classic James Bond. You have the beauties (Shirley Eaton and Honor Blackman), the beast (Oddjob) with his killer hat, a foreign over-the-top baddie (Goldfinger) and elaborate sets like no other. They have tried, but no other Bond ending will ever be as cool as the battle in Fort Knox. This movie set the formula like no other. Bond always gets the girl, saves the day and always... always looks way too cool doing it. Of all the bad guys and Bond girls, **Goldfinger** is on top with the best of the best. If you only watch one James Bond movie, this is the one that will hook you for life!



And the worst Bond movie is...

There were some pretty bad Bond movies, ideas and characters, but only one movie put all these shitty components together to create what could be called the worst James Bond movie ever. Most people would say it was one of the Timothy Dalton movies, but truthfully, **A View to a Kill** has to be the worst movie ever made. Christopher Walken who usually shines in movies sucks as the stupidest Bond villain ever, Grace Jones should have never been used and the Bond girls just weren't up to the usual standard. And then there was Roger Moore. He should have retired at least one movie earlier and about 30 pounds before. This movie can be seen as the 'almost' death of James Bond. This was actually the first Bond movie I ever saw, but after seeing the rest I know in my heart that this movie sucked! Nothing was good about **A View to a Kill** and I dare someone to try and tell me otherwise. Even though I own all the movies, I refuse to watch this one sober. Please, please avoid this movie!

Ian Fleming

It is hard to find a lot of information about the man who created James Bond. Ian Fleming had a very secretive background that has never been fully brought to life. The best way to find out the story of Ian Fleming, an actual agent and spy for Her Majesties Secret Service, would be to pick up the book **The Spy Who Came In With The Cold**, written by Harry A. Zeiger. This biography, originally published in 1965, covers Fleming's life before, during and after the war, and the phenomenon that was just beginning; James Bond.

Ian Fleming was born in 1908 and was educated at Eton. After a brief period at Sandhurst, he went abroad to further his education. In 1931, having failed to get an appointment in the Foreign Office, he joined Reuters News Agency. During the Second World War, he was the personal assistant to the Director of Naval Intelligence at the Admiralty, ris-

ing from the rank of Lieutenant to Commander. It was his wartime experiences that provided him with a first hand knowledge of British secret operations.

After the war, Fleming became Foreign Minister of Kemsley Newspapers and built his house, Goldeneye, in Jamaica. At age 42 he wrote **Casino Royale**, the first of fourteen Bond Novels. At the time of his death in 1964, the fourteen novels had sold more than 40 million copies. All the Bond novels are still in print and are available at bookstores.

Along with the James Bond novels, Fleming has also written other novels including **The Diamond Smugglers**, a true life story about a diamond smuggling ring that was brought down by an ex-M.I.5. Chief, and **Thrilling Cities**, a guide book to all the "flesh-pots of Far Asia and America". But the most famous of the Fleming novels would be the chil-



dren's tale **Chitty-Chitty Bang-Bang**. Not many people know that Fleming wrote this novel along with the Bond novels. Just remember that when you are watching Jeopardy!

The James Bond Novel (1953 - Present)

James Bond creator Ian Fleming may have died in 1964, but his novels still live on, and so does James Bond. The original fourteen Bond novels were written by Ian Fleming and became instant classics. Hollywood could not keep away for long as they started to scoop up the rights to the novels and send the movies out onto screens almost back to back.

The novels are much different from the movies, and are much better. For Bond fans, it is hard to imagine anything better than a Bond movie, but the book is vastly superior! The storylines are more believable, the characters are more substantive, and the stories lead from one into the other. The book came out in a completely different order than did the movies, so to bring the movies to the screen, they had to do some extreme alteration. The biggest change came in the taking of a scene from the original **Live and Let Die** (2nd book, 8th movie) and placing it in the movie **Licence to Kill** (17th movie). The movies are actually a bastardization of the original books.

The Fleming novels are writ-



ten as if you know everything there is to know about the workings of the British Services, but it does not take long to get the hang of it. There are some strange differences though. All currencies, weights and measurements are British. It gets confusing unless someone can tell you how much a Stone weighs).

The Fleming novels are not so

out there as the movies are. Everything is believable, and could have happened. Bond is not as much of a lady killer as he is in the movies, and the female leads are not named Pussy Galore or Agent XXX. These are great novels that will have you craving more and more Bond.

If it is more Bond you crave, then John Gardner is your man. In the early 1980's, this former journalist and Royal Marine Officer, was given the rights to the series and name of James Bond. Gardner has taken Bond into the modern era with bigger and more treacherous adventures. Gardner has just surpassed Ian Fleming by releasing his fifteenth Bond novel.

Bond is different in these novels, as he is modernized and a little more like the movie character than the original print incarnation. Gardner has grasped the feeling of Bond very well though, and has released many great adventures for 007. It is just great that the series has continued. The Gardner novels are good novels, but I recommend reading them only after reading the original series by Fleming.

Here is a listing of the novels in chronological order of original publishing dates:

Ian Fleming:

Casino Royale
Live and Let Die
Moonraker
Diamonds are Forever
From Russia, With Love
Dr. No
Goldfinger
For Your Eyes Only
Thunderball
On Her Majesty's Secret Service
You Only Live Twice
The Man With the Golden Gun
Octopussy and The Living Daylights
The Spy Who Loves Me



John Gardner:

Licence Renewed
For Special Services
Icebreaker
Role of Honor
Nobody Lives Forever
No Deals, Mr Bond
Scorpius
Win, Lose or Die
Brokenclaw
The Man From Barbarossa
Death is Forever
Sea Fire
Cold
Licence to Kill
Goldeneye

Shaken, Not Stirred!



The Phenomenon of James Bond

Ever since the 1950's, James Bond has been a phenom that cannot be stopped. He first appeared as a suave gambler in the novel *Casino Royale*, foiling a plot to divert Baccarat winnings into the evil SMERSH empire. From that point on, spy novels were drastically altered. Never had a series of novels been so widely sought after, as **Ian Flemming's** Bond novels. He wrote the novels as fast as he possibly could and completed fourteen before his death. Bond seemed to be a mirror of his past that he wanted to keep going forever; and that is where the movies came in.

Although Flemming wanted *Thunderball* to be the first Bond movie released, the company chose *Dr. No* instead. It was a slower story, but it was doctored considerably for the movie. Flemming was on hand to see the first three movies released, and died just before *Goldfinger*. *Goldfinger* was the biggest movie opening of the time. Everyone wanted to see the next Bond movie, and people everywhere were mesmerized by the golden death of **Shirley Eaton** in the opening scenes.

The movies were being cranked out one after another every year until Connery wanted a break. The demand was so high for another movie that they recast, and had Australian actor **George Lazenby** step into Connery's shoes. He did a good job with *On Her Majesty's Secret Service*, but when it came time for the next movie, Connery returned in

probably the best of the bunch, *Diamonds are Forever*. But Connery had no intention of staying Bond forever. Instead of staying with the role and reaping its rewards, he gave up stating he would never play Bond again. That's where **Roger Moore** came in.

Moore had been famous for playing *The Saint* on television and was actually one of the original actors sought after for *Dr. No*. Since his schedule was now cleared up, he jumped right into the role. Moore changed the character considerably. Connery was a suave, sophisticated Bond, while Moore was more of a slower, not so believable character. His movies (7 in all) are actually some of the cheesiest Bond movies in the series. Only three are actually considered good (*The Spy Who Loved Me*, *For Your Eyes Only*, and *The Man With the Golden Gun*). Moore turned the super suave, super spy into a campy, 1970's sleuth that just oozed cheese. Most fans of Connery agree that Moore did more harm than good. That is when Connery returned.

The same year *Octopussy* was released, Connery returned as an older Bond in *Never Say Never Again*. Both movies went over well, but both actors seemed a little old for the job. After that, Moore made the worst Bond movie ever (*A View to a Kill*) he decided he would retire his flabby spyman and let someone else take over. The company wanted **Pierce Brosnan**, but NBC refused to let him out of his *Remington Steele* con-

tract. they were forced to cast **Timothy Dalton** instead.

Dalton made two very good action movies, but as Bond movies they lacked quite a bit. He was very hard edged, and he did not seem like the Bond everyone had loved. MGM waited out his contract and hired Brosnan immediately. Brosnan fit into the role perfectly. He played the part with all the glamour that Connery did and gave it a 90's twist as an all out action star. *GoldenEye* opened to huge numbers at the box office and Brosnan signed on to do at least three more movies.

Now as *The World is Not Enough* is set to open this week, the popularity of Bond has increased dramatically. The novels, new and old are being reprinted, the movies sell like mad newly remastered on DVD and video, and there is even an annual *James Bond Convention*. And why not? The Trekkies get one, so why not Bond fanatics? Bond's popularity has gone through the roof and it does not seem to be letting up. For over forty years now different generations have been able to enjoy James Bond and hopefully more and more generations will be able to enjoy the novels and movies in the future. James Bond is a phenomenon that cannot be stopped by SMERSH, SPECTRE, the movie industry or even a bombshell with a martini in her hand. Bond will live forever!

James Bond Movies to Date

Casino Royale - Television (1954) **Barry Nelson**
Dr. No (1962) **Sean Connery**
From Russia With Love (1963) **Connery**
Goldfinger (1964) **Connery**
Thunderball (1965) **Connery**
You Only Live Twice (1967) **Connery**
Casino Royale (1967) **David Niven**
On Her Majesty's Secret Service (1969) **George Lazenby**
Diamonds are Forever (1971) **Sean Connery**
Live and Let Die (1973) **Roger Moore**
The Man With the Golden Gun (1974) **Moore**
The Spy Who Loved Me (1977) **Moore**
Moonraker (1979) **Moore**
For Your Eyes Only (1981) **Moore**
Never Say Never Again (1983) **Sean Connery**
Octopussy (1983) **Moore**
A View To A Kill (1985) **Moore**
The Living Daylights (1987) **Timothy Dalton**
License to Kill (1989) **Dalton**
Goldeneye (1995) **Pierce Brosnan**
Tomorrow Never Dies (1997) **Brosnan**
The World is Not Enough (1999) **Brosnan**



20 Questions About Bond

How well do you know your James Bond Trivia? Below are 20 questions that range from simple as hell to Double-0 Info. Keep track of your answers and see how you rate in the end.

- Who has played the role of "Q" in ever Bond movie since *From Russia With Love*?
- In what Bond movie did Pierce Brosnan's first wife Cassandra Harris play a Bond Girl?
- What TV shows did Pierce Brosnan and Roger Moore star in before becoming James Bond?
- In what movie does James Bond actually get married?
- Where did the name James Bond actually come from?
- List the movies that are named after the villain that James Bond is up against.
- What does the Double-0 stand for in 007?
- Which of these actresses has never been in a Bond movie: Kim Basinger, Minnie Driver, Elizabeth Hurley or Terri Hatcher?
- What is the make of the original car James Bond drove?
- Who played the "golden girl" who dies in the beginning of *Goldfinger*?
- Who sang the theme song for *A View to a Kill*?
- What famous 90's television star played 'Solitaire' in *Live and Let Die*?
- In what two movies does the villain 'Jaws' appear?
- How much time is left on the bomb in *Goldfinger* after James diffuses it?
- In what movie do we finally see Ernst Stravo Blofeld and who played him?
- Which of the following are not the name of a Bond Girl? Pussy Galore, Bambi & Thumper, Emma Peel, Agent XXX, or Tiffany Case?
- What Jaws star appeared in *From Russia With Love*?
- What card game is James Bond seen playing in the opening scenes of *Dr. No*?
- Who played the original Bond Girl, Honey Ryder, in *Dr. No*?
- Who is the best Bond?

Answers and Scores:

- Desmond Llewellyn - 1
- For Your Eyes Only - 5
- The Saint & Remington Steele - 2
- On Her Majesty's Secret Service - 3
- A bird watching book - 2
- Dr. No, Goldfinger & The Man with the Golden Gun - 5
- A Licence to Kill - 1
- Elizabeth Hurley - 1
- Aston Martin - 1
- Shirley Eaton - 3
- Duran Duran - 1
- Jane Seymour - 3
- The Spy Who Loved Me & Moonraker - 4
- 007 - 2
- You Only Live Twice / Donald Pleasance - 5
- Emma Peel - 2
- Robert Shaw - 3
- Baccarat - 4
- Ursula Andress - 2
- Connery (5), Brosnan (4), Moore (3), Lazenby (2), Dalton (-2)

Scoring Guide:

0-10 Back to basic training. Try watching more than just *Goldeneye* and *Tomorrow Never Dies*
 11-20 SPECTRE soldier. Watch out for the piranha tank!
 21-30 Shagadellic Baby!!!
 31-40 Time for your first mission for MI5. Report to "M".
 41-49 You are officially a Double-0 agent.
 50 A true Bond fan. Forget Moore, it's Connery all the way for you. Just try to get out of the house a little more often!



**AVOID THIS
MOVIE AT
ALL COST!**



TNO - Spectacles à venir

par **Gérald D. Woodard**
Rédacteur francophone

Le samedi 20 novembre, le Théâtre du Nouvel-Ontario présentera un spectacle de deux lauréats du concours Ontario Pop '99, soit **Robert Poisson** et **Renelle Tousignant**. Ces deux artistes déploieront leurs talents musicaux dans un spectacle que le TNO traite de « débordant d'originalité, de dynamisme et d'énergie ».

Robert Poisson séduira le public sudburois avec un spectacle inédit intitulé « Posison danSage ». Poisson, originaire de Fauquier, s'est produit sur plusieurs scènes au cours de la dernière décennie et, plus récemment, au sommet de la francophonie de Moncton.

Ce spectacle solo comprend « une musique palpable, rythmée comme une bourrasque bleue qui vient du Nord [et] des textes funambules et pollu dans le décor. Allumez vos ceintures, détachez vos cigarettes! »

Quant à Renelle Tousignant, elle s'est distinguée à Ontario Pop en remportant le prix de la catégorie interprète. Deux mois plus tard, elle a participé au Festival international de la chanson de Granby (Québec). Accompagnée de quatre musiciens, elle présentera un spectacle au sons et aux couleurs variés : blues, country, jazz, folklore, balades, rock. Venez découvrir la voix étonnante et le dynamisme de cette chanteuse en devenir!

Le vendredi 26 novembre 1999, le TNO tiendra des auditions pour leur spectacle communautaire 2000. Les auditions se tiendront de 19 h à 22 h au TNO. Tous ceux et celles qui aiment se retrouver entre de beaux draps sont invités à venir exercer leurs talents de comédiens et de techniciens dans *Sur le matelas* que Michel Garneau a offert pour le spectacle de cette année. On recherche une dizaine de personnages les plus farfelus les uns que les autres.



Robert Poisson

Renelle Tousignant

L'AEF fête ses 25 ans

par **Gérald D. Woodard**
Rédacteur francophone

Le 19 novembre, l'Association des étudiants et étudiantes francophones de la Laurentienne fêtera son 25e anniversaire lors d'une soirée à l'hôtel Four Points. Le prix des billets s'élève à 25\$.

Pour marquer ses 25 ans de réussite, l'AEF, créée en 1974 après un référendum où 60% des gens qui ont voté ont opté pour une association autonome, a organisé plus tôt cette année une soirée vin et fromage suivie par la veillée musicale « *Franco-pub* » qui a eu lieu au Grand Night Club le 15 octobre dernier.

Selon Renée Dutrisac, présidente de l'AEF, « c'est grâce à l'attachement profond à la culture francophone de nos anciens et anciennes membres qu'aujourd'hui les francophones peuvent compter sur une association prête à défendre leur place sur campus. »

Afin de souligner davantage cet anniversaire, l'AEF effectue une réorganisation de ses archives en vue de la publication de son histoire qui devrait sortir des presses dans la prochaine année.

Communiqué

Le centre familial Laurentien, la garderie de langue anglaise de l'Université Laurentienne, célébrera le samedi 20 novembre, à 13 h, l'ouverture officielle de ses nouvelles installations récemment construites sur le campus.

Les anciens étudiants qui ont fréquenté ce centre, les parents, les membres du conseil d'administration, les employés, le corps professoral et la population étudiante de l'Université Laurentienne, ainsi que le grand public et les membres des médias sont cordialement invités à assister à l'inauguration officielle de ces nouvelles installations. Le stationnement sera gratuit au Centre de ressources pour l'éducation en matière de santé.

Cette manifestation sera aussi l'occasion pour le Centre familial, maintenant situé entre le pavillon Alphonse-Raymond et les terrains de tennis, de fêter son 25e anniversaire en tant que garderie coopérative sans but lucratif.

Le centre familial, créé en 1974, accueille les enfants d'âge préscolaire de la communauté universitaire et de la région de Sudbury depuis 25 ans.

Étude des facteurs humains dans les enquêtes sur les accidents : La Laurentienne collabore avec le BST

par **Gérald D. Woodard**
Rédacteur francophone

Les facteurs humains sont les causes principales de 90% des accidents du travail. Les spécialistes s'entendent sur ce fait. Le coût de ces incidents est très élevé et les efforts de prévention dépendent beaucoup de la capacité des enquêteurs d'en comprendre les causes sous-jacentes. Depuis trois ans, M. John Lewko, du Groupe de la sécurité et de la productivité industrielles (GSPI) de la Laurentienne, collabore avec M. Maury Hill, chef de la division de la performance humaine au Bureau de la sécurité des transports du Canada (BST). Ensemble, ils étudient les liens entre les enquêteurs à temps plein et ceux à temps partiel et essaient de voir comment amener les enquêteurs du secteur privé à adopter les techniques du BST.

Dans le cadre de cette collaboration, le GSPI et le BST ont commandité un symposium international et un atelier de deux jours portant sur l'enquête sur les facteurs humains. Le symposium, qui a eu lieu du 13 au 16 octobre à Hull (Québec), a été co-présidé par MM.

Lewko et Hill et a attiré divers experts dans le domaine, entre autres M. Malcolm Brenner du Bureau national de la sécurité des transports aux États-Unis et enquêteur en chef sur les facteurs humains dans le déversement accidentel du pétrole de l'Exxon Valdez au large de l'Alaska en 1989. M. Hill, qui était aussi enquêteur en chef sur les facteurs humains de l'accident du vol Swissair 111, a présenté l'approche adoptée dans cette affaire.

Le BST enquête sur les accidents qui se produisent en mer, sur le réseau ferroviaire et sur terre qui mettent en cause du personnel ou du matériel canadien, ainsi que sur les accidents qui ont lieu au Canada. La collaboration entre le GSPI et le BST est issue de l'utilisation par M. Lewko, pendant plusieurs années, de deux des modèles de base du système d'enquête du BST.

« Le BST ne peut pas former d'enquêteurs en dehors de son organisation, a expliqué M. Lewko. En travaillant avec le Bureau, l'Université souhaite se faire le messenger qui apportera cette technologie de classe mondiale à des

groupes externes de diverses régions du pays. »

La population étudiante de la Laurentienne devrait bénéficier grandement des efforts déployés par le GSPI pour incorporer les outils d'enquête sur les accidents du BST à divers programmes, notamment le programme de premier cycle de l'École des sciences de l'activité physique et le programme proposé de maîtrise en sciences axée sur l'ergonomie et les facteurs humains.

« Nous avons l'intention de faire prochainement de la technologie d'enquête du BST une partie intégrante du programme d'ergonomie du premier cycle » a dit M. Lewko. Il affirme, qu'avec l'aide de M. Alan Salmoni de l'École des sciences de l'activité physique, il aimerait que cette technologie et le travail théorique qui l'a précédée deviennent un élément clé du programme de maîtrise en sciences. « Ce nouveau programme sera unique en Amérique du Nord, ajoute-il. Nos diplômés, des experts en la matière, seront bien placés pour jouer un rôle de premier plan dans le domaine de la santé et de la sécurité au travail. »

La Laurentienne se souvient

par **Gérald D. Woodard**
Rédacteur francophone

Jeudi passé, le 11 novembre, la communauté laurentienne a pris deux minutes pour se souvenir de ces personnes qui avaient fait le sacrifice ultime pour notre pays. Lors d'un service de souvenir au Centre des étudiants, on a loué ces hommes et femmes qui sont morts au champ d'honneur pendant les différentes guerres et conflits auxquels le Canada avait participé.

Le service a été organisé par le bureau des services de la vie spirituelle de l'Université et dirigé par Natasha Lessard. Duncan Matheson, de la police provinciale, a entamé le service au son d'un

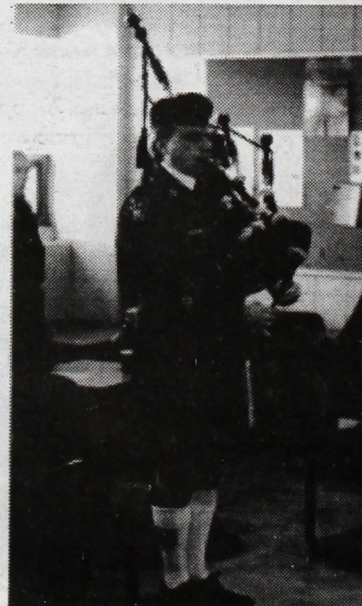
cornemuse pendant que Jamie McColl et Stewart MacAlpine portaient le drapeau, et Selena Filippone a dirigé l'assistance dans le chant de l'hymne national en deux langues.

Ensuite, un membre du Irish Regiment of Canada, ainsi qu'un ancien combattant, ont reflété sur ce que nous devons aux personnes qui ont sauvé notre liberté. Stéphane Lasko a joué le « Last Post » sur clairon avant les deux minutes de silence, pour ensuite jouer le Réveille. Deux écritures, parlant de la paix, ont été récitées par des étudiants en Français et en Anglais, et des souhaits de paix ont été prononcés dans deux langues étrangères.

Le Dr. Jean Watters, recteur

À gauche : Dr Jean Watters parle aux participants le jour du souvenir

À droite : Duncan Matheson, de la Police provinciale, joue Amazing Grace sur sa cornemuse



La Belle Province

Michel Chartrand demande un revenu de citoyenneté

par Gérald D. Woodard
Rédacteur francophone

L'ex-syndicaliste québécois, Michel Chartrand, estime que « la meilleure façon de relancer l'économie est de mettre de l'argent dans les poches du monde. » C'est le message qu'il a livré lundi de la semaine passé à un groupe d'étudiants de l'Université Laval à Québec. Chartrand, qui mène une campagne pour l'instauration d'un revenu de citoyenneté afin d'atteindre l'objectif de pauvreté zéro, avait été invité à l'Université par la Société Saint-Jean-Baptiste de Louis-Hébert.

« En mettant de l'argent dans les poches du monde, a-t-il dit, ils vont le dépenser et cela relancera l'économie. Si on donne des subventions aux entreprises, elles les mettent dans leur poche et grossissent leurs profits. »

Le revenu de citoyenneté que M. Chartrand réclame sera versé à chaque citoyen et remplacerait ainsi d'autres programmes sociaux tels les alloca-

tions familiales, les bourses, les prestations, etc.

Chartrand lance un appel pour « un changement de mentalité. Il faut enrayer la pauvreté. On ne fait pas l'indépendance avec des gens qui ont faim et qui sont pauvres. »

Pendant son discours, il a attaqué les politiciens tout comme les grosses entreprises. Il a parlé du Premier ministre Lucien Bouchard, député de Jonquière, « l'un des comtés où l'environnement est le plus pollué », du ministre des finances, Bernard Landry, « qui vient d'offrir 360 millions \$ à General Motors ».

Il a mentionné aussi Pratt et Whitney « qui licencie des ingénieurs tout en empochant des subventions » et les compagnies pharmaceutiques « qui sont les mieux traitées par les gouvernements, alors que c'est au Québec et au Canada que les médicaments coûtent le plus cher. »

Enfin, il a critiqué le manque de politisation chez les étudiants. À peine une trentaine sont venus écouter son message de solidarité.

Poésie

La cage

le petit garçon pleure
il veut sortir de la cage
qui est sa demeure
depuis tant d'années.
le petit garçon pleure
mais personne ne l'entend.
sur l'extérieure de la cage
est peint le visage du garçon
vieilli, durci
mais souriant.
le petit garçon pleure
il veut retourner
à sa vie heureuse et facile
à sa famille qui l'aimait
...malgré lui
il regarde par les yeux
souriants
du visage peint
et voit que sa vie
et sa famille
ne sont plus là
et le petit garçon pleure.
mais personne ne l'entend

— Gaston Dubois



par Gérald D. Woodard
Rédacteur francophone

Les Maux du rédacteur

Les politiciens : rien à comprendre

Voilà un autre exemple de politiciens qui ne prennent aucunement en considération les intérêts du peuple, mais seulement les intérêts de leur propre agenda. Où sont les politiciens qui s'occupent des citoyens qui les ont élus et ceux dont ils disent vouloir protéger? Ils ne sont certes pas au sein du Bloc Québécois.

Depuis plusieurs années, la chaîne de télévision ontarienne TFO tente d'obtenir le droit de diffuser son signal au Québec. Le 22 octobre dernier, le Conseil de la radiodiffusion et des télécommunications canadiennes (CRTC) a annoncé qu'elle étudierait cette demande. Mais, quelle surprise, le Bloc Québécois se dit opposé à cette idée. On dit que les Québécois ne devront pas avoir à subventionner une chaîne ontarienne.

Selon Pierre de Savoye, député Bloquiste et critique en matière de patrimoine canadienne (ces deux termes ne sont-ils pas contradictoires?! Non c'est vrai, c'est là leur passe-temps préféré), une telle diffusion coûtera 0,35\$ par mois aux abonnés du câble.

Où se trouve dans tout cela l'important pour la culture francophone? Il semblerait que nous puissions oublier toute idée d'appui québécois quelconque pour les francophones hors-Québec! Il est bien claire que les « francophones » ne sont pas bien placés sur la liste des priorités des indépendantistes. Tout ce qu'ils veulent faire c'est causer des divisions entre le Québec et le Canada « anglais ». Et cela à tout prix, même si le prix comprend la quarantaine de tous francophone hors-Québec. On a même dit, au sein du Bloc, que ce serait mieux que les Québécois paient pour des produits américains de langue anglaise que pour des produits français qui proviennent de l'Ontario.

Je ne veux pas que l'on pense que je critique seulement le Bloc Québécois. Je ne le mentionne qu'à titre d'exemple. Il y en a bien d'autres. Par exemple, le Premier ministre Jean Chrétien qui, en tant que chef de l'opposition, a défendu à haute voix les droits du Timor Oriental, mais qui, une fois élu, a enlevé un embargo d'arme qui avait été commencé contre l'Indonésie par son prédécesseur conservateur. Et il y en a plein d'autres exemples, mais j'en passe.

Le philosophe grecque, Platon, a exprimé l'idée que seuls les plus hauts placés de la société étaient dignes de gérer les affaires d'un pays. Seuls ceux qui avaient déjà assez réussi qu'ils ne pourraient pas espérer améliorer leur vie en gérant. Mais existe-il de telles personnes? Certes pas parmi ceux qui sont là aujourd'hui. Pas au sein du Parti Libéral, ni parmi ces indépendantistes qui ne cherchent que leur gloire personnelle. Montre-moi un indépendantiste qui a à cœur la protection de la langue et la culture francophone, et peut-être pourrait-il me convaincre. Je me demande ce que René Lévesque dirait de cet affaire.

Comment prendre une douche comme une femme

1. Enlevez les quatorze couches de vêtements dont vous vous êtes habillé le matin à cause de la température qui avait chuté en bas de 73. Pliez-les soigneusement et mettez les dans le panier à linge.
2. Allez à la salle de bain. Si vous voyez votre mari, couvrez tout de suite toute peau exposée.
3. Regardez votre forme féminine dans le miroir et faites ressortir la bedaine pour pouvoir plaindre d'avoir grossi.
4. Arrangez la tête de douche afin d'éviter les premiers jets d'eau froide et ouvrir le robinet.
5. Entrez dans la douche, dès que vous l'aurez trouvée à travers toute la bouée.
6. Retrouvez la barbouillette pour le visage, celle pour les bras, celle pour les jambes, le petit luffa, le grand luffa, et la pierre ponce.
7. Lavez-vous les cheveux une fois avec le shampooing aux concombres avec 83 vitamines ajoutées.
8. Lavez les cheveux une autre fois avec le shampooing aux concombres avec 83 vitamines ajoutées.
9. Conditionnez les cheveux avec un revitalisant aux concombres avec 83 vitamines ajoutées.
10. Regardez les cheveux morts s'accumuler autour des pieds.
11. Lavez le visage au savon aux abricots jusqu'à ce qu'il devienne rouge.
12. Lavez tout le reste du corps avec du shampooing de corps au gingembre.
13. Plaignez de nouveau du fait que votre mari ait encore mangé de votre shampooing au gingembre.
14. Rincez le revitalisant de vos cheveux (ceci prendra un minimum de 15 minutes pour assurer que c'est tout enlevé.)
15. Rasez-vous les sous-bras et décidez s'il reste assez de temps pour faire les jambes.
16. Lissez les cheveux par en arrière et faites semblant d'être Bo Derek dans le film «10».
17. Servez-vous de la pierre ponce pour adoucir les parties dures des pieds.
18. Servez-vous de la brosse à ongles pour vous nettoyer les ongles des pieds.
19. Servez-vous du gant de massage pour réduire le cellulite sur vos cuisses.
20. Criez au meurtre quand votre mari ouvre le robinet de cuisine et vous recevez un jet d'eau froide.
21. Couvrez votre corps complet d'un couche d'huile de bébé.
22. Ouvrez l'eau chaude au complet afin de rincer et rendre le bain dangereusement glissant pour ton mari.
23. Essuyez-vous avec une serviette de la taille d'un petit pays africain.
24. Vérifiez le corps au complet pour trouvez toute tache ou poile dans une région inhabituelle.
25. Appliquez une lotion sur tout ce qui se trouve au bas du cou.
26. Revenez à la chambre habillée d'une robe de maison longue et une serviette autour de la tête. Si vous rencontrez votre mari, couvrez immédiatement toute peau exposée, et rentrez dans la chambre en courant.

La semaine prochaine : Comment prendre une douche comme un homme.

? Chères Hélène et Kat ?

Chères Hélène et Kat : Al-Anon. Au plus vite.

Plusieurs de mes professeurs **Kat :** Une question : Pourquoi semblent aimer s'installer je n'ai pas été invitée?! debout directement devant moi, comme s'ils voulaient

moi, comme s'ils voulaient afficher leur *belle anatomie*. Comment puis-je les arrêter? Je suis venue à l'Université pour apprendre, non pas pour flatter leur orgueil masculin!

Hélène et Kat : C'est simple. Envoyez-nous leurs noms et nous allons nous en occuper personnellement. Avec plaisir, à part ça!

Chères Hélène et Kat : Ce semestre, j'ai dépensé tout près de 5 000\$ en boisson, argent qui appartenait à mon grand-père. Il pense que j'ai un problème. Que pensez-vous?

Hélène : Je vous recommande

Chères Hélène et Kat : Mon auto est une vraie bagnole et j'ai de la misère à rencontrer des femmes parce qu'elles pensent toutes que je suis un «loser». Qu'est ce que je peux faire pour trouver une femme

avec assez de maturité pour accepter mon «citron»?

Chères Hélène et Kat : Faites-nous parvenir une enveloppe pré-affranchie avec une photo et nous vous trouverons une femme qui préfère les bananes aux citrons.

Envoyez vos lettres à franco_lambda@francemel.com ou les laisser au bureau du Lambda.

ARTS AND ENTERTAINMENT

Tyramisu and Bob

by Tyramisu and Bob
Advice Columnists

askusanything@hotmail.com

Q: Just out of curiosity, I recently visited a palm reader. The whole session was extremely interesting because she described the past 20 years of my life and got it right on. The problem is, she told me I was going to die in about one month's time. I don't know if I should believe her.

Tyramisu: Palm reading is a very powerful tool. There are many secrets hidden in our palms, as well as in our names and in the stars. You should definitely not take a palm reader's warnings lightly. However, I have problems believing a palm reader who tells you that you're going to die. From my experience, and from what my lifelong psychic adviser has been telling me, that type of news is usually not revealed. If you really want to, go get a physical and live in a bubble for next month or so to make sure nothing happens. What I do recommend, however, is that you get a new palm reader. Remember, *always* live every day as if it were your last.

Bob: By your style of writing, I can tell that you have suffered great hardships in your life. I detect that people find you gullible and that your money situation is comfortable. Oh wait no. It's not your style of writing that tells me this. It's that you went to see a palm reader, you big loser! What the hell were you thinking? That you had too much money to spare and didn't feel like wasting it on booze or strippers anymore? Come on. If you're at the point in your life where you need a crazy old person to tell you that you've had a hard life and that you suck, then you deserve to die in a month's time. Want to know more about your future? Send all your money to me at Lambda in a big brown paper bag, with the title written in marker: "I'm A Sucker". All will be revealed.

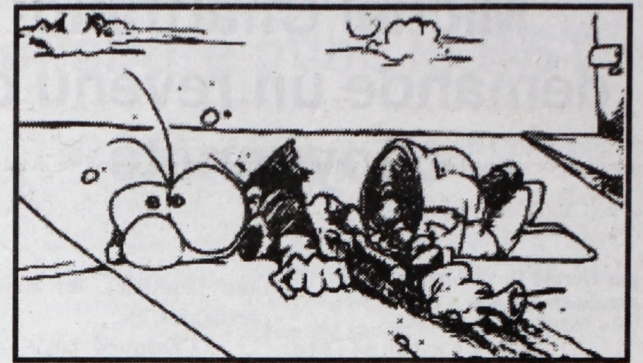
Q: I am so stressed out! All my profs are assigning essays that are due around the same time, my boss is nagging at me cause I'm not working enough hours and friends still want to go out and party. It seems like there aren't enough hours in a day. I really can't handle this kind of stress anymore. HELP!!!!!!

Tyramisu: SLOW DOWN! That's all there is to it. Many students are going through the same type of situation right now. We all know that it's no fun. All you have to do is take one thing at a time. Don't procrastinate. Most importantly, take some time out alone...just for yourself and relax. Whether it be taking a nice hot bubble bath every other day or sitting down and relaxing with a few good movies, your body and your mind need this type of break. Otherwise, you won't be able to function properly. Actually, I am currently practising stress-busting massage techniques and wouldn't mind having someone to practice on....(Sorry Bob, I'm tired of rubbing that hairy back of yours!)

Bob: Come on, Tyramisu, admit it: You love running your fingers through my back hair. I know it and you know it. I don't know about it being a stress-buster though. You want stress relief? Three words: beer and sex. Beer is good for any occasion and stress is the perfect excuse to drink your cares away and hardcore, bed-rocking, spring-busting sex will make you forget all about the trouble in the world. And if you really want to have a hell of a time then get loaded before sex. Who knows, maybe seeing your partner's face as a blur can improve your sex life.

Scraping Roadkill Off the Information Superhighway

by Nick Stewart
Entertainment Editor



Hideous White Noise

<http://www.hideousewhitenoise.com/>

A little bit of online freedom of expression coupled with a ton of stress and violent hatred of automobilists is essentially what this site by and for bicycle couriers is all about. At first, you'd figure that a site about bike couriers wouldn't be all that interesting. You'd be wrong. I mean, just figure: people who are forced to maneuver the psychotically packed streets of Toronto (and other major metropolitan cities) using only a flimsy bit of steel with two wheels and a handlebar, on a daily basis, come rain or shine, have a lot to be stressed about. Every little bit of their angst shines through on this site, like a Kids in the Hall parody come to life. Slogans like, "People Are Too Stupid to Live" and "A Bullet For Every Driver" are pretty much the basic fare for the site. And the fact that the site's writers are admittedly on acid most of the time certainly makes for some interesting articles. Hell, even in-depth information on Bicycle Courier Races seem interesting when presented by a stoned, hate-filled bike courier. Death to automobilists, death to bus drivers, death to anybody on four wheels...you get the idea. Really political, really hostile and really worth visiting.

Inkblot

<http://www.vurtified.com/inkblot/>

This site is for you creative types, or for those of you who want to practice your spontaneous bs-ing skills. As corny as it sounds, this is a storytelling site. Essentially what happens is that the owner of the site shows a black-and-white picture, and you create a short story of some type based on thoughts, emotions and situations that could arise from said picture. For example, a picture of a bridge over stormy waters brings on stories about lost love, betrayal, and a secret rendezvous on a bridge (these are based on submissions posted on the site, not from me). It's a great way to exercise your creative skills, and a perfect way to give that excuse generator of yours a lap or two around the track. Either way, it's an interesting concept for a site, with a lot of potential.

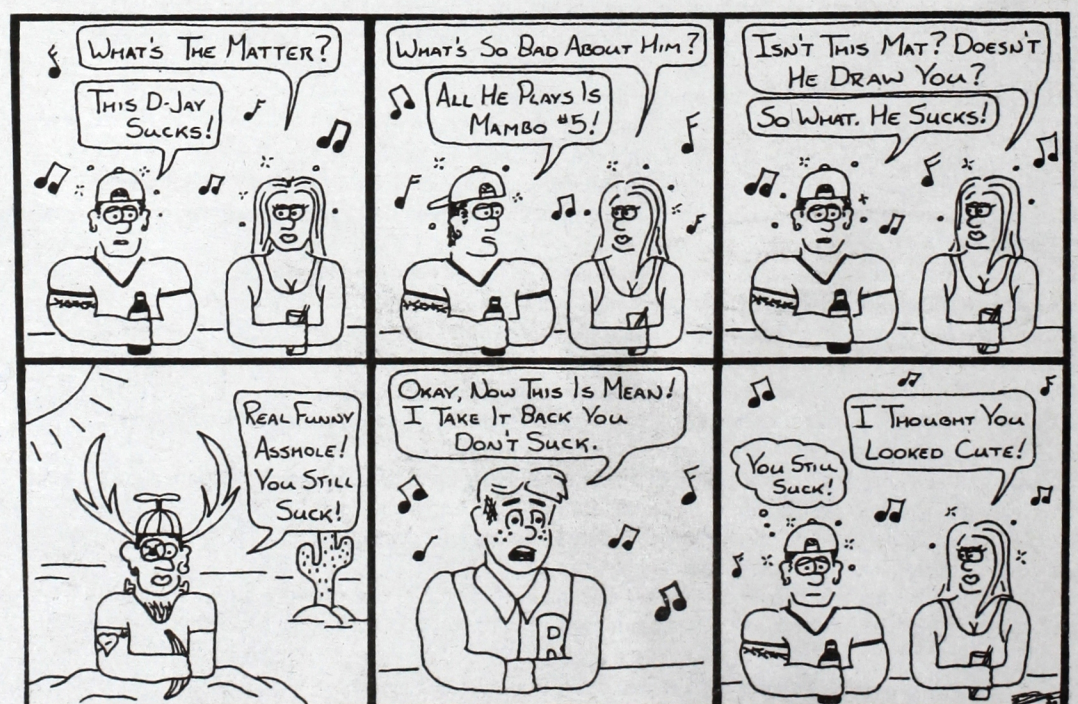
The Motion-Picture Industry: Behind-the-Scenes

<http://library.advanced.org/10015/>

Just about everybody, at some point in time or another, has sat through a movie's credits and asked themselves, "What the hell is a Dolly Grip?". Of course there too many jokes that I could make about that which would be far too tasteless to print even in the Lambda, so I'll just say that most of us really have no clue what the hell a Dolly Grip is...nor a Foley Artist or Key Grip or Gaffer or or...the list goes on. This site has, among other things, a indexed description of almost every imaginable aspect of a motion picture. From the extensive history of filmmaking to its techniques, mechanics, production and effects, most everything you could want to know is covered in decent detail, or at least for about 80 pages. This in itself is only kinda sorta interesting...nothing really worth dragging your cyber-ass over to its address for. No, what really makes it worth visiting is one of the site's other features, the dorkily-titled ScriptBuddy. If you've ever wanted to write a screenplay but had absolutely no clue how, this Screenplay Wizard-type-thing will guide you every step of the way, as much as you want until you're finished. It's really funky, and makes it worth the trip. Oh sure, there's more to this site, like a student-made movie about a Fat Man and a Magic Computer which Roger Ebert is quoted as having "enjoyed...very much" (for reasons we can only joke about) and a little choose-your-own-adventure type of thing starring you as a movie producer. Quite frankly, avoid the other stuff, and (I can't believe I'm saying this) stick to the ScriptBuddy.

DOWNUNDER

by Mat Thompson



Friday, November 19th.

**WIDE
MOUTH
MASON**

In The Pub

Tickets go on sale
the night of the concert at 8pm
\$5 for SGA members
and \$10 for non-SGA members

Psycho Letters From Nick

c/o Lambda's Entertainment Section
Laurentian Mental Hospital
INS ANE



Unless you've been living on the bottom of the ocean for the last hundred years (and I'm not totally sure that they don't have a store there), you've probably eaten at McDonald's. You gotta figure that super-popular megacorporations like McD's gets millions of pieces of mail a day, and SOMEBODY has to respond to each and every one. Letters like this one either annoy the hell of some McD's executive or it makes them wonder what kind of weird-ass customers they have...and either one works for me. This one was addressed to McDonald's Human Resources department:

Dear Human Resources,

I would like to start by saying that I love McDonald's and its related foods (especially that Chicken Crunch...Mmmm!). I have always been a big fan of your restaurant chain ever since I was small boy. I visit your restaurants so often that I am often mistaken for an employee. I am however often insulted and derided by the other patrons due to my sour nature and tendency to dally at the ketchup dispenser.

This leads me to my proposal. Ronald McDonald is a great idol for children (he's always so happy!) and is definitely a great draw for potential customers. I think he would have more appeal if he had an opponent of sorts. You know, an enemy, a source of conflict, someone for the kids to dislike. Okay, given, the Hamburglar is somewhat good in that role, but let's face it, he's just playful and not truly evil (he is always smiling, after all). No, Ronald needs more of an arch-nemesis, someone that the kids can identify as being truly evil. I feel that I can fulfill that role, as Ronald's evil twin brother, Lenny. My tendency to be disliked by McDonald's customers would make me a natural in this spot. Perhaps each commercial I could break out of jail and hold up a McDonald's restaurant at gunpoint, and then by the end of the commercial Ronald will have tracked me down to my hideout and bursts in, ketchup guns blazing. It'd rejuvenate the face of the McDonald's publicity empire, and it would certainly add a new exciting element to eating at McDonald's. You could create new meal combos (the Hold-Up Happy Meal) and just think: with Ronald versus Lenny (played by me, of course), you could even have mock boxing matches with catchy names like "Rumble in the Jungle Gym". It would even leave things open for a cartoon series, or even a movie!

As you can see, the possibilities are endless. I am looking forward to your collaboration on the matter, and anxiously await your reply. Thanks for your time and consideration.

Anxiously yours,
Nick Stewart

Being the nice Megacorporation that they are, they responded:

Dear Mr. Stewart:

Thank you for contacting McDonald's with your suggestion.

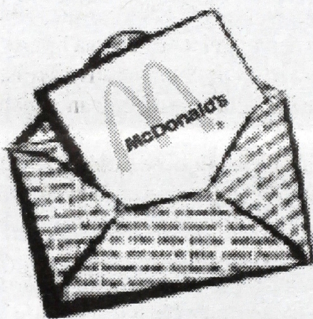
At McDonald's, we're always reviewing our menu and looking for ways to enhance our menu. Our Menu Management team continually searches for ways to satisfy the many tastes of the more than 40 million customers we serve every day. In fact, we're currently testing a variety of new products right now. However, before any product is added to our core menu, it must undergo extensive testing within our company and in selected cities before final decisions are made.

While we appreciate your writing, we're unable to review or consider your ideas. In an effort to avoid any misunderstandings and because of other legal concerns, McDonald's has reluctantly adopted the strict policy of not accepting unsolicited ideas from outside our system of employees, franchisees, agencies, and suppliers. Therefore, I'm returning your letter, unreviewed. I hope you understand our reasons for this position.

Again, Mr. Stewart, thank you for contacting McDonald's. We hope to have the opportunity and pleasure of serving you again soon under the Golden Arches.

Sincerely,
Stella Puterbaugh
Senior Representative
Customer Satisfaction Department

Now how could they know that they know that my letter was about a new idea if they didn't "review" it? Given, they DID send it back to me, but still. If the Hamburglar ever buys himself a gun, though, I'm suing.



Skewed News

by Nick Stewart
Entertainment Editor

Theater Murders Blamed On Crochet Obsession

An unhealthy obsession with crochet has been cited as the cause of a Sudbury youth's horrible murderous rampage. During a matinee showing of the new Ernest flick, Ernest Eats a Canned Ham, eighteen-year-old Tim LeFou force-fed several other moviegoers entire sacks of movie popcorn, thereby clogging their arteries with movie butter and causing them to have heart attacks. His mother said "He used to play computer games, but I made him stop playing those. He took up crochet, and so it must have been that which pushed him to kill! That, or his addiction to crack and his severe mental imbalance, whichever."

EgyptAir Crash Blamed on Monkeys, Telepathic Fish and Gambling Extraterrestrials

Pending the analysis of the voice recorder which was recently retrieved from EgyptAir's crash site, theorists the world over have come up with preliminary ideas about what could have caused the tragic crash, killing 217 in the middle of the Atlantic Ocean. While the members of the media have been hesitant to release any of these theories, Lambda has never shied away from printing revolutionary and controversial material, and as such has no problem publishing any such theories here.

One such idea states that perhaps the pilot was not really a human being at all, but in fact a group of monkeys wearing a human suit. As the theory goes, these monkeys were sent by their leader, the Mystic Head of Shebubu, to fly the plane not to Cairo but to a small farm in North Dakota where they would pick up a small pig by the name of Mogwurt, who in turn was the source of all stupidity in the world. The monkeys being what they are however, realized too late that they had no clue how to fly a plane and crashed.

Another theory states that constant dumping of radioactive waste into the world's oceans eventually created a race of telepathic fish, which, tired of communicating and debating theology with the other ocean fish whose IQ they found to be equivalent to that of a Future Store Customer Service Representative. To satisfy their need for conversation, they contacted the pilots of a plane passing overhead, incidentally the EgyptAir Flight 990. The telepathic fish found themselves frustrated with the pilots' inability to communicate back, and easily conquered their minds to force them to fly into the ocean to meet and converse with them. Unfortunately the fish were unfamiliar with airplanes and their effect on plummeting tens of thousands of feet, and everybody died.

A final theory suggests that billion-mile-tall aliens from another galaxy are making bets based on the rotational speed of this galaxy's planets. One alien, most probably called Stan, rigged the bets by placing a really big magnet in the Earth's core, and then when the calculating was to take place he activated it, thereby swinging the count to his favour. Unfortunately the magnet threw off EgyptAir's flight controls, sending it into the ocean.

There have been other theories floating about concerning the tragic crash, but experts believe that these three are perhaps the most likely.



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MUSIC FOR THE MASSES

REVIEWS BY MAT THOMPSON, MUSIC REVIEWER



Moshpit Madness

Are you feeling lonely? Are you feeling the need to listen to loud music and thrash around like a madman knocking over every one around you? Well then have I got the album for you! Forget *Big Shiny Tunes*. If you need an album that will bring out all the violent tendencies that are being stored up in your drunken little body then just listen to this album and escape.

If you can't tell from the title, this album is just pure insanity collected together to drive anyone to join a crowd, then try to knock them down. And what music would do that to a good little university student you might ask? Well, **White Zombie**, **Butthole Surfers**, **KMFDM**, **Fear Factory**, **Skinny Puppy** and **Megadeth** just to name a few. And if that isn't enough for you, there is **1000 Homo DJs**, **Malhavoc**, **Nitzer Ebb**, **Pop Will Eat Itself**, **Revolting Cocks** and more. How could you go wrong with a band like **Revolting Cocks** on your album? Everyone loves **Revolting Cocks**!

This album may be a little heavier than I usually like, but it is still a great album. So if you have a friend who you think may want to blow something up or go on a rampage, try to keep them away from this album because you now what they say about loud music and violence....



Save Ferris - Modified

I thought this band had disappeared a few years back, but after resurfacing on the *10 Things I Hate About You Soundtrack*, **Save Ferris** has returned with another new album. Last time I reviewed this band I had to give them a bad review just because they remade that classic piece of crap *Come on Eileen*, but this time I am actually impressed by the album.

Save Ferris is a very pop-style version of a Ska group. I guess they are almost bubble-gum Ska, but they are still a nice break from the usual metal, hard-core music that the music industry is forcing down our throats. I always swore I hated Ska bands with female lead singers, but after listening to this album I figured it was just my deep seeded hate for **No Doubt** that biased me against female Ska bands.

This latest album by **Save Ferris** is very upbeat and almost hyper at points. Their sound, although a little old now, is still very fresh. Not too many bands make music that is upbeat and fun anymore and that is exactly what **Save Ferris** is doing. Ska is never too serious. It is just plain fun. So if you are tired of the same old rock and metal albums, *Modified* by **Save Ferris** is the album for you. There are no pounding bass tracks and no **Rob Zombie** (surprisingly), just good music!



Sublime - Greatest Hits

Okay, the lead singer of **Sublime** has been dead and buried for most of my university career now and every year I have reviewed at least one or two new albums. I thought it was getting bad when **Nirvana** kept coming out with more music, but **Sublime** has finally surpassed **Nirvana** on the post-mortem charts with at least four after death albums. Now I know this is a *Greatest Hits* album, but what the hell were the other four?

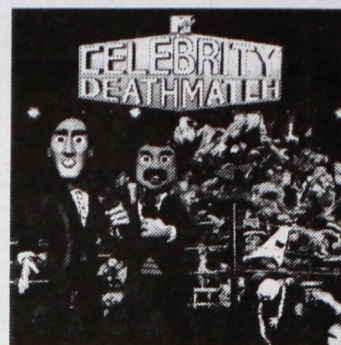
So what is so great about this album? Well, nothing really. Sure it is the best of a band that just got started when their lead singer died, but I really think that the popularity of this band died at least two years ago now. Sure there are a few songs that still linger like *What I Got*, *Doin' Time* and *40 Oz. To Freedom*, but there are also the tracks that we would like to forget like *Saw Red*.

If you have any of their other albums, pre or post mortem, then you have the tracks from this album already. To me this is just another wasted CD!



Fiona Apple - When the Pawn Hits the Conflicts He Thinks Like a King What He Knows Throws the Blows When He Goes to the Fight and He'll Win the Whole Thing 'Fore He Enters the Ring There's No Body to Batter When Your Mind is Your Might So When You Go Solo, You Hold Your Own Hand and Remember That Depth Is the Greatest of Heights and If You Know Where you Stand, Then You Know Where to Land and If You Fall It Won't Matter, Cuz You'll Know That You're Right

Okay, does anyone else think Fiona Apple's parents dropped her on her head a few too many times? Too bad the title of the album is so long, I have no room left to review the damn thing!



MTV Celebrity Deathmatch

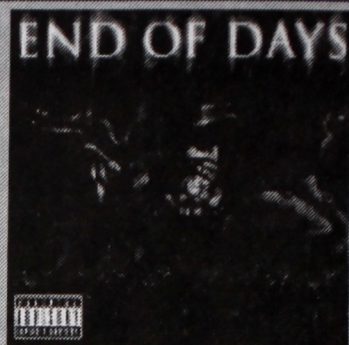
Unless you have a satellite dish, you have probably never seen **MTV's Celebrity Deathmatch**. I have seen a few of the matches on my ex-girlfriend's dish and I have to tell you, this is one of the coolest things that anyone has ever done with clay-mation. Just picture what would happen if the California Raisins got all hopped up on acid and decided to climb into a wrestling ring and fight to the death. That is basically what *Celebrity Deathmatch* is all about.

Since the show is pure entertainment mixed with unending violence, there is no doubt that there would be a killer soundtrack to go with it. The **WWF**, **ECW** and **WCW** all have soundtrack albums, so why not *Celebrity Deathmatch*? This album is almost like a companion album to the *End of Days* soundtrack I also reviewed this week. **Marilyn Manson**, **Eminem**, **Powerman 5000**, **Canibus & Rakim**, **Rob Zombie** and **Primus** are just a few of the groups appearing on this album. I know that people claim that this music creates violence in our society, but actually it is just a good backdrop to watching clay figures beat the crap out of each other. I have listened to this album at least four or five times since I got it and I haven't gone out and gunned down a bunch of clerks at the local Future Shop yet, so I don't think this music is so dangerous.

There are a few smaller named bands on the album that make just as big an impact as the others. **Sevendust**, **Xzibit**, **Shuvel**, **The Last Emperor**, **Bif Naked**, **The Wondergirls**, **Kool Keith**, **Liars Inc.**, and **Lit** round out the album with a great mix of rock, rap, alternative, and whatever it is that you can call **Primus'** music. **Lit** is the only band that seems a little out of place on the album, but they make a strong stand with their track *Money*.

Unlike *End of Days*, this album's songs are mostly all featured on other albums, but hey, at least here you don't have to listen to all the sucky songs on an album to get to the good ones. Another amazing thing about this album is that the **Rob Zombie** song isn't *Living Dead Girl*, *Dragula* or *Superbeast*. Every album you pick up today has one of these three songs on it, except this one. *Deathmatch* actually has a remix of *Meet the Creeper* which seems to be the new song for **Zombie**.

So even if you haven't seen **Green Day** rip off **Celine Dion's** arms and beat her to death with them, you can still have the music that played in the background as it happened. **MTV's Celebrity Deathmatch Soundtrack** is a good buy for almost anyone.



End of Days

The return of Arnold, the return of Arnold, Blah, Blah, Blah! Who cares about the return of Arnold. What I have been waiting for for years is the return of the original bad seed of rock and roll, **Axl Rose!** **Guns 'N Roses** is one of those bands that should never die, and finally Axl and the boys have returned from their 3 year stay in some mental/rehab unit to rock the shit out of their fans with a new track.

Sure, the **GNR** track isn't the only track on the album, but for those of us who were blown away by *Use Your Illusion 1 & 2*, and were disappointed by *The Spaghetti Incident*, we have been waiting long enough! The **GNR** track is called *Oh My God* and is classic **Guns** with a little extra modern metal twist to it. Forget *November Rain* and crap like that, this is more like **Rob Zombie** doing *Paradise City*! Oh yeah... there are other tracks on the album too!

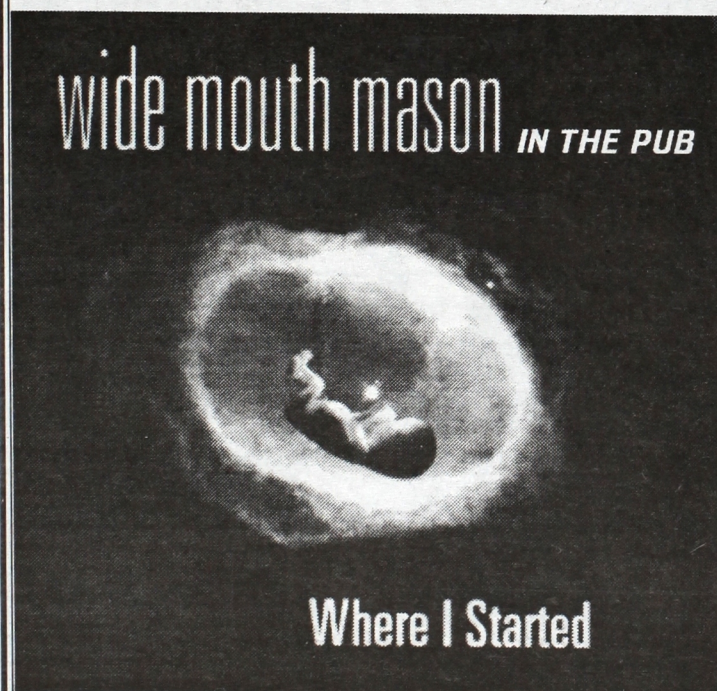
Even if you aren't interested in this movie, the soundtrack is a killer for any fan of rock and metal. What other album could you hear **Korn**, **Everlast**, **Limp Bizkit**, **Rob Zombie**, **Powerman 5000**, **Creed**, **Eminem** and others? Instead of *End of Days* this album should be called *Big Metal Tunes*.

Sure, a lot of you are probably thinking that it is just a mix of songs you have heard before, but most of the tracks are new. **GNR**, **Korn**, **Limp Bizkit**, **Eminem** and **Everlast** all feature brand new tracks. I don't know how **Universal Music** pulled it off, but to get a soundtrack with that many new songs by such huge stars is unheard of! Of course no soundtrack is complete without a remix of a **Rob Zombie** song, but I am getting used to hearing him everywhere anyway.

Even though I keep going on about the **GNR** track, one of the best tracks on the album is *So Long* by **Everlast**. It took me a while to like the new **Everlast** music, but this song is the best yet. It is not as hard as the other songs on the album, but it has that creepy, scary sound to it that lends itself perfectly to the movie.

Raving about an album is not usually my thing, but this album deserves it! I love soundtrack albums and this one blows away all the rest. Just the bands I have listed make this worth getting, but if that isn't enough for you, there are also tracks by **Sonic Youth**, **Stroke**, **Prodigy** and **Professional Murder Music** (also a great track). All I can say is you have to get this album. If there was such a thing as the perfect soundtrack album, this would have to be it!

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Trash Talk

by Chris Newman
Asst. A&E Editor

Sigh...Wait, there's one more coming....Sigh. It's no secret that I truly am a Jericholoic. That's why these past few days have been particularly hard on me. You see, it all started at Survivor Series when our Paragon of Virtue, Chris Jericho, was beaten by the current Intercontinental Champion, Chyna. Now I have no problem with the loss, because Chyna is hardworking and talented and deserves to be the I.C. Champ. However, it's the way that Y2J lost that upsets me. Once upon a time, Chris Jericho (one mean Rama Jama I might add) was the unstoppable force in the WCW. He always kicked out of, or escaped from other wrestlers' finishers and no one ever...and I mean eeeeeever got out of the Lion Tamer. He's made greats like Rey Mysterio, Billy Kidman, Chris Benoit, Deano The Machino Malenko and countless others tap out. But now, Jericho is in WWF and the Lion Tamer is called the Walls of Jericho, which appears to be about as deadly as a headlock. The idea that Chyna, who has never been played up as a competitor who can take punishment, can escape the Walls of Jericho is absolutely absurd. Where does Jericho go from here? He used to be a small guy with a devastating finisher; now he's just a small guy with a finisher that couldn't finish a ham sandwich. And it's not because the fans want to see him lose. He's already one of the most popular competitors in WWF. A lot more so than the current World Heavyweight

Champ, The Big Show.

Of course, I'm not trying to say that The Big Show doesn't deserve the title. Far from it. I remember commenting to my brother when TBS was introduced as the third man in the Survivor Series main event that WWF had done nothing for his career. Just like Jericho, they had taken a huge name and turned him into a mid card jobber. I was very surprised to see him win, especially since he was getting double teamed the whole time. I must say, I'm pretty happy that WWF realized his potential and the fact he has done his time in WCW and deserves to be at the top, not as some underling for the "Dark Lord". Speaking of which, how come I haven't gotten any letters about my hatred for the Undertaker? I didn't realize that everyone agreed with me that he sucks.

And what's with this whole, "who ran over Stone Cold" angle? I suppose it's mildly amusing having these clueless police officers running around who have no idea about what goes on in WWF, even though it's on national television. However, I have a feeling it's going to get very old very fast. Let's just hope that they drop it very soon. I want to see someone get arrested for "attempted vehicular homicide" about as much as I want to see the Undertaker try to embalm someone. Oops, there I go again. I'd better quit while I'm ahead. And always remember, running someone over is no way to solve a conflict.

In the Clubs

by Chris Newman
Asst. Editor, A&E

I recently checked out a concert at the cool - but not as cool as Laurentian's pub - Rafters, called Indie Blast 99. It's a little three band show put on by RCD Music. RCD music, for the majority of you who most likely don't know, is a music promotion which exists with a sort of duel purpose. On the one hand, they'll promote independent Canadian bands and on the other, they'll provide bars with these big shows, with lots of free stuff to give away from their many corporate sponsors. On their present promotional CD they have compiled the works of 17 "explosive" artists, all of which are available to play these concerts. I caught two of the bands playing at Rafters' Indie Blast 99: Web and Sid Six.

The first band which I caught at the show was the very original and very edgy Web. Their press kit says they like to stray from the beaten path; a statement which could not be more accurate. Driven by heavy bass lines and powerful lyrics, Web have developed a sound, although heavily influenced by many artists, which is all their own. Their guitarist, Rob Lacroix (who looks more like the bands geeky little brother than a member) provides Web with intricate and

interesting melodies which could only have been written by a masterful guitar virtuoso. Web has already played shows opening for Zuckerbaby, Glueleg and the Refreshments, but with any luck will have a future of even bigger and better shows, perhaps culminating with a band from an Indie Blast concert bragging that they opened for them.

The only other band that I was able to catch at Indie Blast 99 was the very impressive Sid Six, who is without a doubt the best original band that I've seen all year. Since I've begun writing this column I've had the privilege of seeing lots of great shows, all of which I have enjoyed. But Sid Six, with their "if you can't hum it, it's crap" musical style has upped the ante for every other original band I see from this point on. I was almost compelled to get them to sign my copy of their CD, in the hopes that it would be worth something in the future, because I'm almost certain that they will someday be signed to a major Canadian label. If they're not, then Canada, and the world, will really miss out on a great band with great tunes. What more can I say? Next time either of these bands drops by Sudbury, I highly recommend dropping in and checking them out. See you there!

Everything Is Under Control

by Nick Stewart
Entertainment Editor

They're out to get you. Between the X-Files, Conspiracy Theory and countless other bits of mainstream media, this is the message that is ingrained in the heads of millions. And if you're looking to keep track of all these plots against you, it doesn't help that "They" change from conspiracy to conspiracy, each with their own methods and purpose. From freemasonry to UFOs to the death of Princess Diana, there are so many conspiracy theories out there that it's virtually impossible to keep track of them all. Conspiracy writer and best-selling author Robert Anton Wilson realizes this as well, and has created *Everything Is Under Control: Conspiracies, Cults and Cover-ups* to try and make sense of it all.

Wilson has written more than 30 books on conspiracies, and his insanely extensive knowledge of his subject matter shines through on most every page of *Everything Is Under Control*. Most any conspiracy (or cult or cover-up) that you could possibly imagine is covered in this book. Satanism, AIDS, Freemasonry, Knights Templar, the murder of Marilyn Monroe, crop circles, the Illuminati, the CIA, governmental chemical testing on the public, the list goes on. Even stuff you've probably never heard of is described in fair detail. Ever hear of the Circumcision Conspiracy? How about the Priory of Sion? Or maybe the Hermetic Order of the Golden Dawn? I didn't think so. These, and hundreds more just pack the book. *Everything* is detailed, and even the details have details. The great thing about this book is that it isn't afraid to list each and every twist and turn of the conspiracies that we know and love, and even those that we don't. Take the Kennedy assassination, for example. Most people know that Lee Harvey Oswald was the supposed assassin of



John Kennedy, and that the real shooter was supposedly on the Grassy Knoll. The book covers not only the possibility of the CIA being behind it all, but also the Mafia, the FBI, Nazis and even UFOlogists being the potential Kennedy murderers. Even Princess Diana's death is tied to the New World Order, the Bank of England and even Bill Clinton.

Everything Is Under Control isn't exactly a regular book, in any sense of the word. Because there are so many different conspiracies to present, it would be impossible to present them all in a straight-to-finish discussion. Even a chapter-by-chapter discussion would be impossible due to the sheer number of subjects. Wilson has instead decided to present the book as a Conspiracy Encyclopedia: the various entries float about the book in an alphabetical order. This allows Wilson to present just about everything that he could possibly want to talk about, from conspiracies as big as the John F. Kennedy assassination to something as small as the Good Times computer virus. Also, because the conspiracies are presented as encyclopedia entries, each one comes complete with related book references and internet addresses wherever possible. This makes the book interactive, in a sense, which would be impossible in any other format.

This encyclopedic format is actually both a good thing and a bad

thing. It's good in that the conspiracies being entered in small, easily-digestible bits make it easy to skim and learn a fair bit on a number of subjects, and also allows Wilson to cover a wide range of things. The down side is that because he has so much space to work with, Wilson almost seems to be grasping at straws for stuff to fill the book with. For example, there's an entry on how Charlie Chaplin entered a Chaplin look-alike contest and came in fourth. Sure, it's interesting, but it doesn't even remotely seem to fit into a book about how everybody's out to get you. Or the entry on the parody of the Good Times virus, which itself was a hoax. Talking about a hoax kinda makes sense in a book like this. But a parody of a hoax? It's funny, but what's the point? It just made the book sometimes feel as though the author had a certain number of pages to fill and had to fill it with, well, SOMETHING.

Despite the book's occasional pointless entry, *Everything Is Under Control* is a fantastic book and a must-have for the budding conspiratologist. There are so many conspiracies presented in this book, most of which touch on each other, interweaving with some and tying into others, that you can easily spend days reading over the entries and still have barely scratched the surface. Given, the sheer amount of interconnectedness can sometimes get a little confusing, but it's nothing compared to trying to get it all straight in your head without the help of the book. All in all, I'd recommend this book to any psycho with more than an unhealthy amount of time and curiosity on their hands. Becoming aware of who's out to get you is always important...Unless you're one of "Them". And remember, "Just because you're not paranoid doesn't mean they're not plotting against you."

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Entertainment News

The Good: Followups to the great Terminator 2, T3 AND T4 are being finally in production.

The Bad: The scriptwriters are the two who brought us Rollerball and Supernova. Still trying to figure out what the hell Rollerball and Supernova are? Exactly. Not to mention that James Cameron, the genius who brought us the first two, has absolutely nothing to do with the next two.

The Rumor: Arnie reportedly doesn't want to have anything to do with it either...

The Smart-Ass Comment: ...and I can see why, too. Hits like Jingle All the Way and Junior have seen to it that he doesn't NEED to be part of great movie franchises anymore. Right.

The Good: George Lucas is finally working on a script for Star Wars II...

The Bad: ...And it most definitely includes Jar-Jar. What the bloody hell is he thinking?

The Rumor: Leonardo DiCaprio and Ryan Philippi (54, *Cruel Intentions*) are reportedly two of the main people being considered for the role of Anakin. Unfortunately DiCaprio kinda looks the part, and apparently there's a good chance of him getting in.

The Smart-Ass Comment: If Jar-Jar's part isn't limited to falling off a cliff and dying within the first two seconds of the movie, Lucas is gonna have a ton of angry fans on his hands.

The Good: They're going to make a movie sequel to Silence of the Lambs based on its book sequel, Hannibal. It's supposed to be grislier and darker than its predecessor, and focuses on Hannibal Lecter, as you might have guessed.

The Bad: Jodie Foster, who played FBI agent Clarice Starling in the original, wants nothing to do with the movie sequel. She claims that the sequel (which has the agent doing a few questionable things) "betrays Clarice", and that she "won't play her with negative attributes that she'd never have".

The Smart-Ass Comment: Attributes that she'd never have? Call me crazy but isn't it up to the writer to determine which attributes her character has? C'mon Foster, quit making movie schlock like Nell and take the damn part.

The Good: Columbia Pictures is producing a Dracula flick, which is touted as "an action-adventure-horror in the vein of The Mummy".

The Bad: Dracula's main enemy is going to be Sherlock Holmes.

The Smart-Ass Comment: When I think action hero, Sherlock Holmes doesn't exactly spring to mind. The guy is supposed to be old, and Columbia pulling a Lucasarts/Indiana Jones move and calling it something like The Adventures of Young Sherlock Holmes ain't gonna work, either.

The Good: After all these years, Paramount Studios is finally doing a remake of the classic blaxploitation flick, Shaft. The title character is played by none other than Samuel L. Jackson, who would seem to be perfect for the part.

The Bad: The movie isn't about John Shaft, the one we all know and love. No, it's John Shaft's nephew that's starring in this one.

The Rumor: Apparently John Leguizamo was supposed to play the main bad guy but had to drop out due to schedule conflicts.

The Smart-Ass Comment: Let me get this straight: Paramount has the guts to make a remake of Shaft, the good fortune to get Jackson to star, and the stupidity to make it about John Shaft's nephew? Come on! Jackson is a great 90's version of Shaft and could be every bit as cool as Richard Roundtree was. If we're to expect a toned-down, not-so-cool, private dick that's no longer "a sex machine to all the chicks", then what's the point?

Stained Glass: An Artist's Medium?

by Jana Laframboise
Staff Writer

An exhibition of Helmi Kurki's recent work in stained glass ended November 14th at the Art Gallery of Sudbury.

Is stained glass window jewelry art? This is the question that arises from the Gallery's display of Kurki's work. When I first saw that the gallery was displaying stained glass I thought of two dimensional window hangings and Tiffany lamps. I thought of my Grandmother. When I went to the display I realized why the gallery had no problem displaying Kurki's work. It was beautiful, and that was Kurki's purpose. In the artist's statement in Impact, the Art Gallery of Sudbury newsletter, Kurki says "I create these objects because I like the beauty and enigma that comes out of a piece, the "What if?" and "Hmm?" aspect that can be seen in my window jewelry."

Many of the pieces are three dimensional and are made from things like jewelry, wire, broken glass, marbles, glass beads, chains, and bits of metal. Most of the pieces are very detailed. My favorite pieces have small smooth round pieces of glass beside each other to make a "bubble" effect. These pieces also have interesting names: Broken Time Lines & Altered Destinies, Wind Tossed & Ocean Washed, and Rooted Reeds. The exhibition was worth seeing.

The next exhibition at the Art Gallery of Sudbury is "A Celebration of Nunavut" running from November 18th to December 31st in gallery 1. The display will include sculptures recently donated to the gallery. The Art Gallery of Sudbury is at 251 John Street off Paris in Sudbury.

Celebrities need jobs too. Oh sure, one day you're on the big screen, saving the world, or ready to destroy it, and the next you're flipping through the classifieds with coffee stains on your shirt. How do I know this? Well, I happen to have a part-time job at an online employment agency, where down-on-their luck stars submit their resumes and applications for various jobs. You'd be surprised the types of resumes that slide across my virtual desk every once in a while. Especially the month following Halloween. Nothing like a season of horror movies to remind stars that they were important at some point. Take this particular job opening, for instance...

1. King Kong (King Kong, Son of King Kong, Godzilla Vs. King Kong) and
 2. Darth Vader (Star Wars Trilogy)
- competing for a job as a crossing guard:

Part 1:

Short Answer Questions

What would you say if a child had not yet crossed the road, and the busdriver yelled at you to get out of the way?

King Kong: "Grrrrr"

Darth Vader: Breathe menacingly and say, "No...There is another"

What would you say if a child, in a moment of pride, decided to show you his award-winning science fair project?

KK: "Rrrraaaagghh"

DV: "Don't be so proud of this technological terror you've created. The ability to win a science fair is insignificant next to the power of the Force."

A crying child approaches you, complaining that his old, male math teacher picks on him during class. What do you tell him?

KK: "Grrrrr", followed by "Rrrraaagghh"

DV: Instruct child to say to math teacher: "Your powers are weak, old man" and then to crush his throat using various mind-powers.

A child moons you as he gets off the bus. What do you tell him?

KK: "A r r r r r r r a a a a g h"

DV: "I find your lack of pants disturbing."

Conclusion:

Assign Vader to the job. Despite the likelihood that he kill not only his superiors but the busdriver, children and other motorists as well, he has his own action figure. Children respect a man with an action figure more than a great big smelly monkey.

Part 2:

Multiple Choice

You are presented with a puppy and a Twinkie. You:

- a) Hug them both
- b) Kill the Twinkie
- c) Kill the puppy
- d) Kill the puppy with the Twinkie (circled by both KK and DV)

Your voice can be described as:

- a) A mellow tenor, exuding light and happiness
- b) Strong and commanding, with strong overtones of control and evil
- c) Low enough to shatter windows and gravelly as a dirt road, kind of like you were hit in the throat by a semi when you were four (circled by both KK and DV)

A child steps on your toe. You:

- a) Smile understandingly and step to the side.
- b) Step on HIS toe.
- c) Kill him, then kick his lifeless body. (circled by both KK and DV)

Part 3:

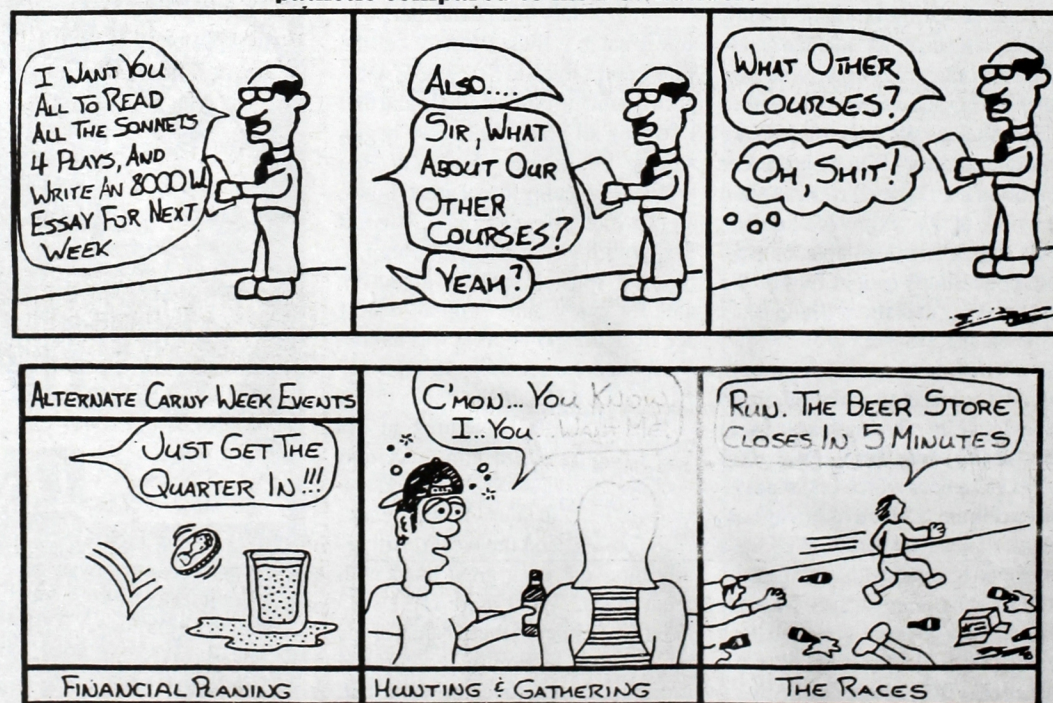
Employer Assessment

Suitability For Crossing Guard Position:

1. Pro: -extremely large, enabling him to easily alert motorists
Con: -large size creates tendency of crushing motorists instead of alerting them
Pro: -kids like monkeys...
Con: -...but not ones that eat them, as he most probably would
2. Pro: -imposing height and appearance will keep motorists at bay
Con: -imposing height and appearance will cause children to wet themselves
Pro: -low tolerance for idiotic motorists
Con: -tendency to kill idiots
-children often come across as idiots
-thus probably will kill children

OVERLOAD

- This is the very first comic by Mat Thompson. Pretty pathetic compared to his Downunder!



This comic is the first time "Downunder Guy" ever appeared in Lambda!

Northern Vocational Services

If you are on a disability pension or have a disability & need help to prepare for, or obtain work, call N.V.S. Services such as training on the job, placement with an actual employer, etc..., are available for free.

Call 674-4141

Ontario Disability Support Program

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THE INFO!!!**

An Oasis

Each day at 12:15 pm in the Round Chapel at the University of Sudbury, a few students, faculty and staff gather to hear the Word of God and celebrate the Eucharist. Take a few minutes of your lunch hour to put a new harmony in your day by letting God be at the centre of your life. Welcome!

Mass Times:

Weekdays:

(French & English) 12:15pm

Weekends:

Saturday (English) 5:00 pm

Sunday (French) 5:00 pm

Sunday (Bilingual) 10:30 am

Remembrance Day - Thank You

The ceremony provided an opportunity for a renewed appreciation of freedom protected by the life of soldiers who gave their lives. A few rituals, symbols and some music bring out emotions of a sense of belonging and pride for our country. Thank you all those who have contributed to the event.

Spiritual Life Services

The SGA is embarking on a new venture.

We will be establishing a food bank in order to address the growing needs of our Off Campus students.

This Food Room and Resource Centre will be open to all Off Campus students on Wednesday, December 1, 1999.

We are appealing to the Laurentian community to help us with this worthwhile venture. A food drive will be held from Nov. 15 to Nov. 24.

Please drop off all non-perishable goods and hygiene products at the SGA office or in the Big Blue Food Depot outside the office in the Student Centre.



**Food Room &
Resource Centre**

located in the SGA office, room SCL212 in the Student Centre

**SGA
AGE**

call us at 673-6547

LU DE-CLASSIFIEDS

FOR SALE

Used movies. \$5.00 each. Includes Die Hard 1-3, Last of the Mohicans, Chaplin and more. Call Mat @ ext. 6548 for a full list.

Todd Richards Morrow 158 Snowboard. Excellent condition, asking \$400

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Call Chris @ 693-9125

SERVICES

Second Year Math Tutor Available. \$10/Hour. Call Richard @ 670-9748

MESSAGE BOARD

Bryson - I'm so excited to be able to meet you!
One rule: no clothing allowed!
Colleen

Someone stole my pizza on Saturday night from 7th. Buy your own next time!

D.D. - Why do you tease me so? I'll ring your Hell's Bells if you play with my Iron Man!
Bryson

Les cadeaux doivent mourrir!

People who follow people into parking lots without a card should be charged! NExt time I'll take your licence number!

Half empty beer for sale by original owner. In great condition. Missing half of lower label.

Get Your Free Classified Ad in Lambda!

All You have to do is fill out the card below, bring it to Lambda (SCE 301) along with your student card or drop this form into campus mail (marked 'LAMBDA') and we will run the ad, 25 words or less, for two or three weeks. Sell old books, furniture or any other junk you have, leave messages for your friends or ask for help in any field of study. It doesn't matter... It's your very own Classified section.

AD: _____

NAME: _____

ID Number: _____

Twass The Night Before 2000

Everyone is invited to attend the special..."Twass The Night Before 2000" Christmas Concert. The concert takes place Saturday, November 27th at 7:00 pm at the Fraser Auditorium. Join Nickel City Sound, Cheryl Cerri, Jeremy Mahood and some of Northern Ontario's best recording artists in this fantastic Christmas Concert presentation ending with a carol sing featuring the All Nations Worship Team. Also featuring our special guest host, Gerry Loughheed Jr.

Advanced tickets are only \$10 and are available at Cornerstone Bookstore or by calling 674-2585. Presented by Harvest Ministries & All Nations Church.

Time To Quit???

Come out and visit the New Smokers Health Centre opening Nov. 18 in the Northeastern Ontario Regional Cancer Centre. The clinic will offer one on one counselling and much more! Watch for more details soon!

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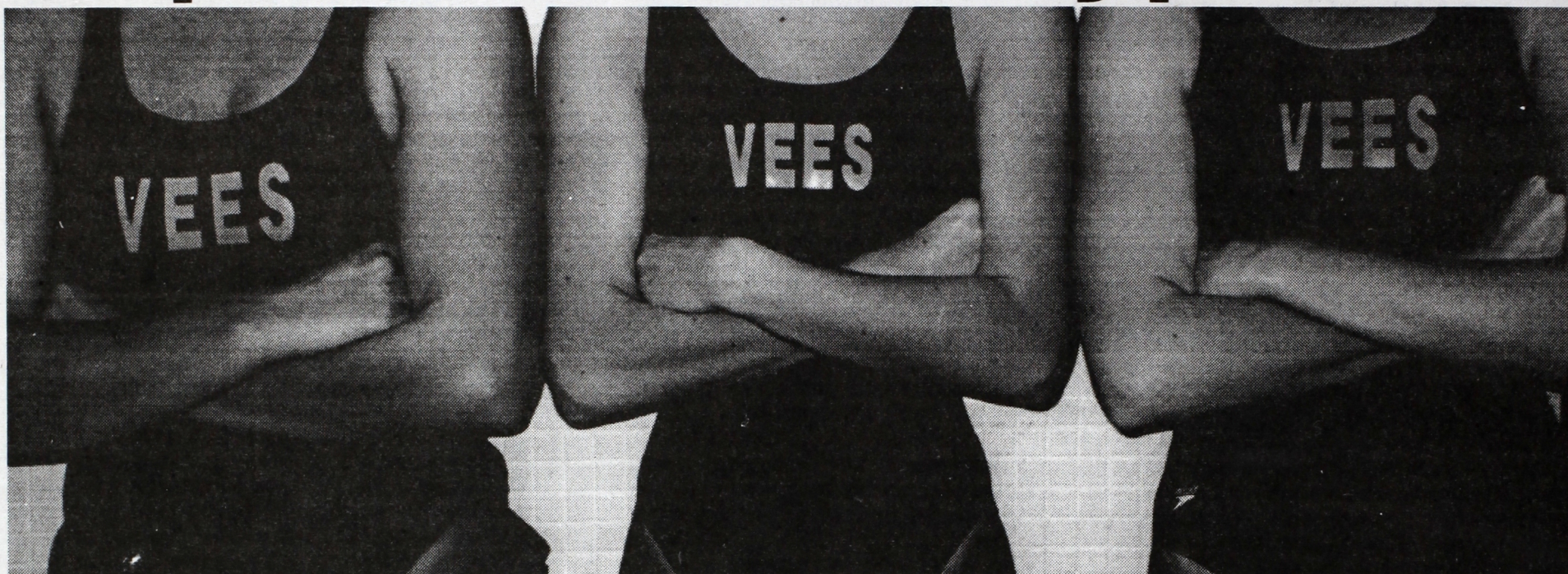
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Aqua Vees vs Gryphons



Time To Get Tough!

by Shawn Jarvis
Contributor

On Saturday, November 13, the aqua vees played host to the University of Guelph Gryphons. The vees were confident that they could not only compete against this team, but perhaps score an upset victory. The meet started off on a good note with the women's 4x200 freestyle relay team consisting of Julia Haywood, Megan Cumming, Christie Smith and Leah Spergel finishing a strong second. Not to be outdone the men's 4x200 freestyle relay team consist-

ing of Jon Howard, Dave Clarke, David Vacchino and Gilbert Duplessis came in first by more than thirty seconds. Both these teams have the potential of medaling at the Ontario Championships in February.

Things then got down to business with the commencement of the individual events, in which the vees fared very well. Rookie James Corker swam his way to two first place finishes in the 100 and 200-metre breast stroke, for his efforts he was named

LU male swimmer of the meet. Veteran Julia Haywood notched one first place finish in the 100 freestyle and a second place finish in the 100 backstroke. To cap it off, Haywood was named LU female swimmer of the meet. Other results are as follows; Captain Dave Clarke, 2nd 100 back, 2nd 200 back, Rookie Christie Smith with a couple of firsts in the 50 and 100 butterfly, veteran Fai Yong 1st 50 fly, 1st 100 fly, Jon Howard, second in the 100 free and first in the 400

free (after going out a little to relax), iron woman and women's team captain Megan Cumming with a second in the 400 free, Brent Mcleod with a close third in the 200 breast, and the men's 4x50 medley relay team consisting of Dave Vacchino, James Corker, Fai Yong and Matt Coutsos coming in second. The absence of rookie Graham Fry may have hurt the vees. However, they battled hard right to the bitter end with the Gryphons coming out victorious. The final

score; Guelph 140, lady aqua vees 58, Guelph 108, male aqua vees 92.

The weekend of November 19 will see the team travelling to the OUA invitational in Toronto where they will test their fit and smoothly shaven bodies against the best in Ontario and Quebec, including the Guelph Gryphons. In closing, the aqua vees wish to thank all the fans who came out this past weekend and supported them in their efforts.

Athletes of The Week

Another sport section, more Athletes of the Week. Steve Wilson and Clare Beatty win this week's honour.

Clare Beatty is continuing her dominance in the Pat and Mario's Athlete of the Week awards. Beatty came off the bench again this weekend and helped the Lady Vees in both victories. On Friday night she collected 10 points, 11 rebounds and 3 steals in a 54-36 win. She continued that tremendous effort with a 17 point, 11 rebound, 5 assists and 4 steals game on Saturday. She also played a team high 35 minutes on Saturday night in a 87-71 win over Laval.

Steve Wilson was named athlete of the week for obvious reasons. If you do not know any of these reasons please read on...

Steve Wilson Scores CIAU All-Star Award

Steve Wilson, captain of the Voyageur Soccer team, was selected as a 2nd team CIAU All-Canadian. Wilson led the Voyageurs to an 8-3-3 record. Wilson scored 4 goals and played terrific defense from his center back position. Before this Wilson was a 2 time OUA All-star and Voyageur rookie of the year in 96-97.

Coach Carlo Castrechino praised his talented leader. Castrechino said "Steve had a great season. He gave 100% every practice and every game and was a great leader for his team. Being selected as an All-Canadian All-star is a fitting way to end a magnificent career at Laurentian. Steve deserves this award."

Laurentian will be sad to see this talented player leave but it should also be proud just to have had the opportunity to witness his play. Congratulations to Steve Wilson and Good Luck in the future.

Can Anybody Compete With The Basketball Vees?

by Mickey Teed
Staff Writer

The basketball Vees dominated home court this weekend. The men and women swept through the weekend. Both teams slaughtered Bishop and Laval easily.

On Friday night the Lady Vees took to the court first and soundly beat the Bishop Gaiters 54-36. The Lady Vees strolled through the whole game, no real challenge was ever attempted by the Gaiters. Depression filled the Bishop bench as Karen Vos and Stephanie Harrison led the slaughter. The score at half time was 30-19, and if you listened closely you could hear the sound of the Bishop bus starting to hum. Before Bishop could make their escape, Karen Vos led the Lady Vees with 12 points, Stephanie Harrison had 11 and Clare Beatty had 10 points..

On Sunday, the Lady Vees

realized how fun it was to crush the ego's of the opposition, and continued the trend by handing Laval an 87-71 defeat. The score seems a lot closer than the play of the actual game. The Lady Vees burst any hopes Laval had of winning by taking a 52-25 lead at half-time. Like a Stephen King novel, the bloodshed had only just begun. Stephanie Harrison left Nike supporters wondering "Who wants to be like Mike...I want to be like Steph"! Harrison had 32 points in only 26 minutes of play. Not to be outdone Clare Beatty had 17 points and 11 rebounds. The Lady Vees will be back in action November 19th when they travel to Ottawa.

Not to be outdone the men decided to do some carnage of their own. On Friday, night following the mop up of tears left by the Bishop bench, the Vees butchered Bishop

83-57. The whole game seemed to flow the way of the Voyageurs, every break that occurred happened in favour of the Vees. "Flash" Gordon once again helped the Vees cruise with 18 points.

On Sunday the Vees played possum. After a slow start, just to raise the hopes of Laval for an upset, the Vees cruised to a 79-67 win. The game got tense as Laurentian left half-time trailing 40-37, but once again showed an uncanny ability to repel losing. Once again "Flash" Gordon led the team with 21 points. Gordon scored his 21 points by draining 4 three pointers and collecting 5 steals. Chris Caruso was named player of the game by scoring 16 points when he came off the bench. The next game for the men is on the road Friday when they face Ottawa.

7th Inning Stretch

by Mickey Teed
Staff Writer

If Gord Ash is trying to leave a lasting impression on the Blue Jays he's doing one hell of a job. This week at the general managers meetings Ash made one of the biggest trades in Blue Jay history. In case you have lived in a cave for the past week, he traded Shawn Green for Raul Mondesi. A minor league 2nd baseman and a relief pitcher were also thrown into the mix.

The trade analysis must start



with the ability of these two fielders. Mondesi is a solid right fielder. Green won a Gold Glove the day after the trade (you have to love irony). Green hit .309 in Toronto, was made an All-star and hit 40 homeruns. He always has the potential to be a 30/30 man and has a canon for an arm. Mondesi hit .253, 33 homeruns, 99 R.B.I. and was not an All-star, but is a Gold Glover. He'll never be a 30/30 man and he is only one year older than Green. Who got the better deal?

The Dodgers made Green the second highest paid player in history....yep Shawn Green. Doesn't fit does it! I give credit where credit is due but Shawn Green is not the second best player in baseball. I would not even rank Green in the top 10 but the Dodgers are trying to turn their franchise around. Green will be popular not only as an athlete but as a Jewish athlete. He gives the Dodgers some life but he might turn out to be a head case. Green did not like Fergosi from the start. That would not have been that bad had he kept it

to himself but he decided to tell the media. What if he doesn't like Davey Johnson....oh yeah neither did Mondesi.

Raul Mondesi is a two time All-star, two time Gold Glove award winner, and a Rookie of the Year award recipient. Mondesi did not agree with Johnson, but with a team with that much cash to spend and not win would you not be upset? Mondesi is a solid outfielder, not outspoken (last year being an exception), loves to win and is five million dollars cheaper than Green. A perfect fit for Toronto.

Green will find himself hard pressed to perform up to standards in Los Angeles. He will not be in Toronto anymore Toto. Mondesi on the other hand will be able to relax in Toronto. Their is no pressure. His numbers will climb and will become the All-star right fielder he was in L.A. before Johnson arrived. You may not like all of Gord Ash's decisions but this one seems likely to work out.

2 Minute Drill

by Mickey Teed
Staff Writer

Week 11 of the N.F.L. should prove just as interesting as the past ones. So once again your (don't bet your "So you wanna be a millionaire" winnings).

New England at Miami: N.E. is struggling. Pick the Dolphins

Buffalo at Jets: Love the way Flutie is playing lately. Pick the Bills

Pittsburgh at Tennessee: Pitt lost to the Browns. Pick the Titans

Seattle at Kansas City: Joey is back. Pick the Seahawks

Indianapolis at Philadelphia: Philly is cruising...it stops at Payton. Pick the Colts

Detroit at Green Bay: Green Bay looks lost without its leader Mike. Pick the Lions

Atlanta at Tampa Bay: T.B. still wants to make the playoffs. Pick the Buccaneers

Carolina at Cleveland: Cleveland is hot. Pick the Browns

Baltimore at Cincinnati: Bengals flat out suck. Pick the Ravens

Dallas at Arizona: It is still going to be a long season for the Cardinals. Pick the Cowboys

Giants at Washington: Turner's boys need a win. Pick the Redskins

Chicago at San Diego: Both teams are terrible. Flip a coin...tails. Pick Da'Bears

St. Louis at San Francisco: 49'rs need help. Pick the Rams

New Orleans at Jacksonville: N.O. will not repeat last week's performance. Pick the Jaguars

Oakland at Denver: Like Denver at home. Pick the Broncos

**Lambda Still
Needs
Sports
Writers and
Photographers!
Come to the
Office at
SCE 301 and
talk to Mat!**

Sports Briefs

Hockey

The Laurentian Voyageurs lost a close a game to the York Yoemen Thursday night by a score of 5-3. Voyageurs' struggles continue on the ice. When it looked as if the Vees would go into overtime the Yoemen scored with 3:30 left in the third period. The Yoemen added an empty net goal and won the game. Darren Debie, Keith Welsh, and Joe Borgno scored for the Vees. Jarret Rose took the loss in net.

On Saturday the Vees lost in overtime to the Yoemen by a score of 2-1. The Voyageurs played a close game but came up empty. The Vees led 1-0 with 22 seconds left in the game but York crushed the Vees hopes. Chad Grandy scored for the men. Jarrett Rose was named player of the game for his acrobatic goaltending.

CIAU Cross Country

The Laurentian Cross Country team traveled to Kingston to participate in the CIAU Cross Country Championship. The team had a strong finish by placing 14th. Leading runner for LU was Darren Jermyn who finished in 18th out of 130 runners and was the 10th highest place runner from the OUA. Other racers for Laurentian were Pat Hillman (48th), Jayson Bowerman (83rd), Jason Lemire (111th), Ryan Bradshaw (116th), Greg Huffman (122), and Dan Gosselin (123rd).

Hurt yourself playing a sport this weekend?
Twisted your ankle walking home
from the pub?

Any injury you may be concerned about
can be assessed at the
Voyageur Athletic Therapy Clinic... FREE for
SGA/AGE and AEF members
(even if you opted out of the Health Plan!).

We Offer:

- Assessment of various injuries;
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we look forward to training with you !!

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42 Aerobic Classes per Week - Fully Equipped Weight
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Come on out for a FREE tour of our new facilities!

* * * * 1991 Regent Street - 523-9000 * * * *

Styx in Sudbury

It's caveat emptor for those who choose to attend the Styx concert this Friday night. They've sent a number of bullets to the top of the charts over the past couple of years, so many will attend the event for all the wrong reasons.

Styx' attempts to portray themselves as one of the top progenitors of North America art rock. In this reviewer's humble estimation, they usually sound more facile than profound. Most of their tunes are based on an interesting lick, but usually end up being beaten to death, rather than developed into the pseudo-symphonic style typified by art rock.

The group also personified what happens to somebody who gets a good recording contract. A number of their more popular tunes were scored up to 5 years ago, but weren't heard until A&M Records, with their massive publicity machine, put them under contract. Previously, Styx has been known only in the Chicago area, more or less as a local house-band, and with one exception, the members



have been playing together for over a decade.

True enough, their two most recent recordings have shown an increasing maturity, and it is hoped that this will surface during their present tour. However, Sudburians beware! The last time Styx played in town, they only brought half their show with them, the most notable lack being the ballet dancer that had been most prominent in their advertising. Despite protestations of artistic integrity, money still makes the rock world go round.

Pill Users Die Earlier

New York (LNS-CUP) — A recent study of the effects of oral contraceptives on women sponsored by the British Royal College of General Practitioners has concluded that women who take the pill have a 40 per cent higher death rate than women of the same age who never used the pill.

This most comprehensive study to date of pill-related deaths was based on an analysis of 101 deaths that occurred among 46,000 women involved in the study since 1968. Half of the women taking part in the study had never taken the pill.

The study attributes the increased death rate to circulatory dis-

eases, including heart attacks and other heart ailments, high blood pressure, blood clots, strokes and brain hemorrhages.

The new findings also suggest that the risk of death associated with the pill may increase with the length of time a woman takes the pill, and that this risk may remain elevated for some years after pill use discontinued. Combined with cigarette smoking the dangers of pill use were said to escalate further.

The study has prompted British medical authorities to recommend that women over 35 stop using the pill.

SGA Ratifies 100% Fee Increase For Colleges and Schools

After a heated debate, the Student's General Association ratified a 100% increase of college and school fees, to be paid next year by Laurentian students. President Pat Legris told Council that he had been approached by a number of people concerned because college councils have not received an increase in subsidy for six years. Students presently contribute \$10 to their respective colleges or faculties and will now pay \$20.

SGA Councilor Tony Ingram, who voted against the motion, said that students have been complaining about OSAP increases for over a year, only to levy a 100% increase in fees

against themselves. Besides, the Colleges are not serving non-residence members now, he said.

University College representatives were particularly strong in favour of the increase. They stated that it has been increasingly difficult for them to field hockey and other intramural teams, or to stage events of any kind, with the present constraints on their budgets. Not one was able to say whether a raise in college fees would increase services to students.

Two Engineering Reps., Vatch Minasian and Gord Revie (both voted against the increase) put forward a motion to subsequently de-

crease SGA fees by ten dollars. Much to the chagrin and heckling of most of the council. It was believed that this was done to offset the previous motion. Later during the week, Vatch stated that they wanted to examine where students services were being most effectively distributed from. The SGA being the senior student body would be the best place to investigate student servicing, it was suggested. Councilor Cathy Leblond suggested the fee increase was not out of hand because of the places students spend their money otherwise. "They can just cut down on the amount they spend at the Pub" she said.

Challenge Legris to Apologize

Well, folks, things are getting deeper and deeper into s2##, referring, of course, to the S.G.A. We had a four hour mockery, oops, I meant a meeting. As at previous meetings, nothing happened. Actually, I wonder if the S.G.A. has done anything constructive at all this year, except the Parrott meeting which was a success because of the sensitivity of the situation, student participation and input (mainly from non-council members).

I challenge Legris to retract and apologize to council for the lie he told them, when he said that he favored the postponement of the senate elections. I have more than one witness to the fact that he said, "No ##### way I want to postpone elections, everything is ready to go." I'm sorry Pat, but facts are facts.

The news that you students are expected to pay an additional \$10 with your tuitions next year, along with any increases that Parrott wants to introduce. So don't be surprised to get a fairly high bill next year. A few of us tried to oppose that, but with no success. Think about it. Question your representatives.

Other news is that your Pres. was in Toronto again (don't worry he just drove down, taking 6 hours poor baby) to talk to the MPP about student opinions on the fees increases. Pat reported to council that he had asked 'individual questions.' Did he consult you, the students he represents? Did he ask for your opinion or input? Well, he didn't ask for mine, so we're all in the same boat. Unfortunately, it's the same boat that sank when we tried to air our humble views with Parrott. If you don't like the way things are going, raise shit. It's as simple as that. If you don't then nobody cares about you. (Cruel society, eh?)

The situation is this: Your lovely pub (yech) (yum for engineers), had a long term debt and your president has gone paranoid to get the debt paid, at whatever expense or sacrifices made by the students. He probably has some personal interest anyway. Soon your pub might be called "Legris pubs". (jeans and denims are

allowed)

I "apologize" to all council members if I spoke too much, but that's the way I will conduct myself throughout the year. I was elected to my position to represent fellow students and their interests. If the Honorable Council Members don't like it, let us decide to all new general elections.

One very important decision that council made which will eventually strongly affect the student welfare, was a decision to ban smoking (cigarettes, I mean) in council meetings. This was a top priority move in the first ten minutes of the meeting! Honestly, that's what goes on in council...talk, talk, talk for more than four hours and then nothing, nothing, nothing...

Your tuition fees will go up, your OSAP will go down, you have great chances of not finding a job this summer, your library hours will be cut, some departments seem to be

packing their bags, thousands of people are being laid off and telling us, "If you don't care about us, then why should we care about you?" That's damned sure and if the community and the workers don't back us up, Parrott will have his way.

What is the S.G.A. doing about all this? Sweet ##### all!

Something even more interesting is that Pat Legris was assumed to be working more than he has to, and if you have an urgent matter and you see the S.G.A. office closed, don't blame the Pres., he's working more than he should, or so some of you S.G.A. representatives decided.

That should be all for this week. Remember, Homo-Sapiens (also known as humans) are thinking animals. So think!!

Vatch Minasian
S.G.A. Engineering Rep.

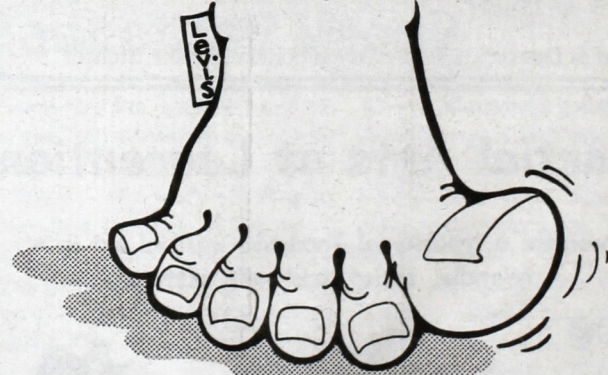
Dark Night at the Pub

A diversion is required tonite
To get this course from my mind
A line up, a queue, a thriving, mass
An obstruction between where it's at.
Let me in you son of a bitch
Now branded
Now standing by,
The tables containing potential fun,
The girls I sit with are far away,
My voice is lost as the disco booms.
A shit type music with primitive beat.
A cowboy would not like it here.
A drunken stupor is what I need.
Fie! The prices are acute
That turn one dollar to thirty cents,
A stupor now an expensive task.
I grab my coat,
I'm out the door,
Fuck the place, I sigh.
Cool air sets in.
I wonder why.

RODEO



The toes knows!



(5 out of 6 toes prefer Levi's for feet)

Feet are worth talkin' about when they're into Levi's...Levi's for feet! Get into some new heavy leathers. Get your feet together, guys. Take 'em to a shoe place. Or a jeans place. Someplace! Get 'em on!

Now it's **Levi's for feet**

